

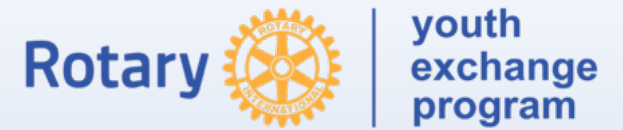
# Rotary District 2160

## YEP = Youth Exchange Program



Welcome Day – Huy Aug 25<sup>th</sup>, 2024

**Soyez tous les bienvenus !**



**Please, TURN OFF YOUR CELL PHONE**

# District 2160 Committee



### 3. Contacts et Comité

### D2160 Youth Exchange Program – Comité



COUNTRY COORDINATION

SECRETARIAT

CORE TEAM

CRISIS TEAM

ADMINISTRATION

ACTIVITES TEAM



Alain  
MICHAUX  
Vice-Chairman



Geneviève  
CAUDRON  
Secr./Out files



Michel  
DUBOIS  
Chairman



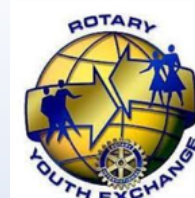
Marie Christine  
Vanderheiden  
Secr./Event



Michel  
JAMAR  
Crisis + SA Coord



### 3. Contacts et Comité



#### CRISIS TEAM



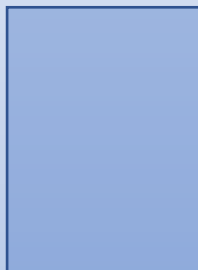
**Crisis Director**



**Pascale  
RIGAUX  
Crisis Team  
(Liège)**



**Annick  
DEFLANDRE  
Crisis Team  
support**



**Isabelle  
DUMBRUCH  
Crisis Team  
support**

#### ACTIVITES TEAM



**Henri  
ERPICUM  
Activités mercredi  
Leader**



**Pascale RIGAUX  
Activités  
mercredi et TS**

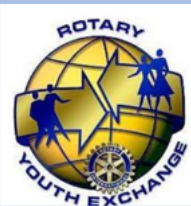
## *Usefull internet links*

<https://www.rye2160.org>

- *Agenda : description and registration to activities*
- *District Committee and Club's YEO phone & email*
- ....

<https://yep-insurance-rotary.be/fr/claims>

- *Website associated to insurance company*
- 



Who are you and where are you  
from ...



How many are you ? **78** (2 arrivals in Jan 2025)  
Where are you from ? **18 different countries**



| Argentina                  | 12                      |                  |
|----------------------------|-------------------------|------------------|
| Giulianna ALDAMA           | Olivia ANTELO RAVENNA   | Lujan ARGANARAZ  |
| Margarita ASENSOS          | Alvaro FORMOSO LANDUCCI | Milagros GARCIA  |
| Maria Paula MARTINEZ SALAS | Denisse REBELO          | Serena REYNOSO   |
| Gabriel RIEZNIK SABEH      | Maria Sol VELIZ         | Morena VIVINETTO |



# ARGENTINA



| Australia       | 3 (Jan 2024)     | +2 (Jan 2025) – Names to come |
|-----------------|------------------|-------------------------------|
| Seamus MCGEOUGH | Orlando MCKEVITT | Elisa SLEE                    |



|         |                         |
|---------|-------------------------|
| BOLIVIA | 1                       |
|         | Franco TERCEROS GUARDIA |



BOLIVIA

# BRAZIL

| Brazil                             | 12                           |                              |
|------------------------------------|------------------------------|------------------------------|
| Bruna BIAZOTO GABRIOLLI            | Tiago CALDEIRA MATOS         | Cecilia CANTERGIANI CUSTODIO |
| Maria Luiza CUNHA OTTONI           | Marcella DORNELES ROCHA      | Sofia GOMES CUTTI            |
| Beatriz MARCHETI FIORIN            | Taina MELO DE CARVALHO GOMES | Livia OLIVEIRA MARQUES       |
| Olivia ROHLOFF de Oliveira Montano | Otavio SARTORI TRENTIN       | Helena SCALABIN DI LORENZO   |





|        |               |
|--------|---------------|
| CANADA | 1             |
|        | Elena DE LUCA |

CANADA





| CHILE                     | 3                              |                             |
|---------------------------|--------------------------------|-----------------------------|
| Bhrunno GARVISO HENRIQUEZ | Paz Valentina GONZALES SALINAS | Agustin Elias MARTINEZ DIAS |

CHILE



|          |                      |
|----------|----------------------|
| COLOMBIA | 1                    |
|          | Juan ALVAREZ MARIACA |

COLOMBIA



|         |                       |
|---------|-----------------------|
| ECUADOR | 1                     |
|         | Julian ROBALINO NEIRA |



ECUADOR

|       |                 |
|-------|-----------------|
| INDIA | 1               |
|       | Husain MERCHANT |



INDIA

|           |                 |
|-----------|-----------------|
| INDONESIA | 1               |
|           | Dea KHAIRUNNISA |

# INDONESIA



ITALY

ITALY

2

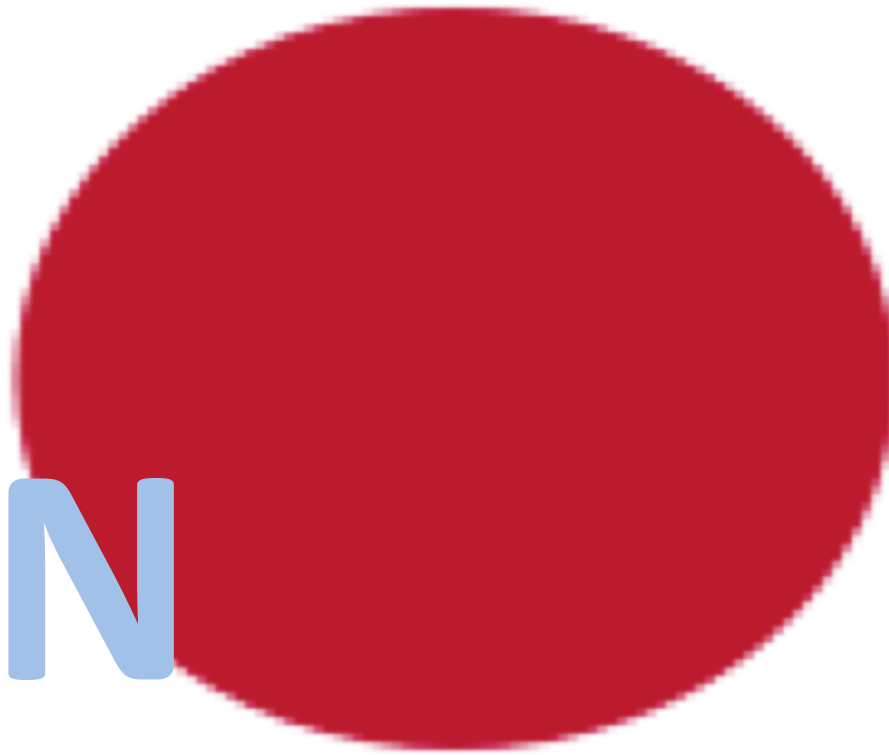
Giada GAGLIARDI

Silvio SCHEDA



| JAPAN | 1          |
|-------|------------|
|       | Yujin AOKI |

JAPAN





# MEXICO

| Mexico                      | 18                      |                          |
|-----------------------------|-------------------------|--------------------------|
| Alonda AGUIRRE JIMENEZ      | Aldo ALVAREZ VALERO     | Kiaro BARRAGAN JIMENEZ   |
| Bruno CAMPOS FREITAS        | Luis CANO ARRIAGA       | Paola DOMINGUEZ AVILA    |
| Lisa GARZA                  | Paola NERNANDEZ MELO    | Felipe HUITZIL VEGA      |
| Sarahi MARTINEZ DE ALBA     | Diego MARTIN CESPEDES   | Dannia NINO RUBIO        |
| Ximena ORDUNA GARCIA        | Mauricio PALAU CARDENAS | Santiago PENARANDA REYES |
| Ana Sofia RAMIREZ CABALLERO | Ivana SANCHEZ CABRERA   | Isabela SANCHEZ GUILLEN  |



The background of the entire image is the New Zealand flag, which features a red field with a white border. Inside the border is a blue field containing a white Union Jack in the upper left and four red stars in the lower right. The text 'NEW ZEALAND' is written in large, bold, white capital letters across the bottom of the flag.

|             |                        |
|-------------|------------------------|
| NEW ZEALAND | 1 (Jan 2024)           |
|             | Jaime WARRINGTON GRACE |

NEW ZEALAND

A small, stylized globe icon is positioned to the right of the word 'NEW ZEALAND'. The globe shows the Americas in green and blue, with a white outline.

|          |                      |
|----------|----------------------|
| PARAGUAY | 1                    |
|          | Nahir DIARTE MARTENS |



# PARAGUAY

|                      |  |
|----------------------|--|
| SPAIN                | 2  |
| Queralt AMOROS MARIN | Celia DOMINGUEZ de<br>VIDAURRETA JIMENEZ |

SPAIN





TAIWAN

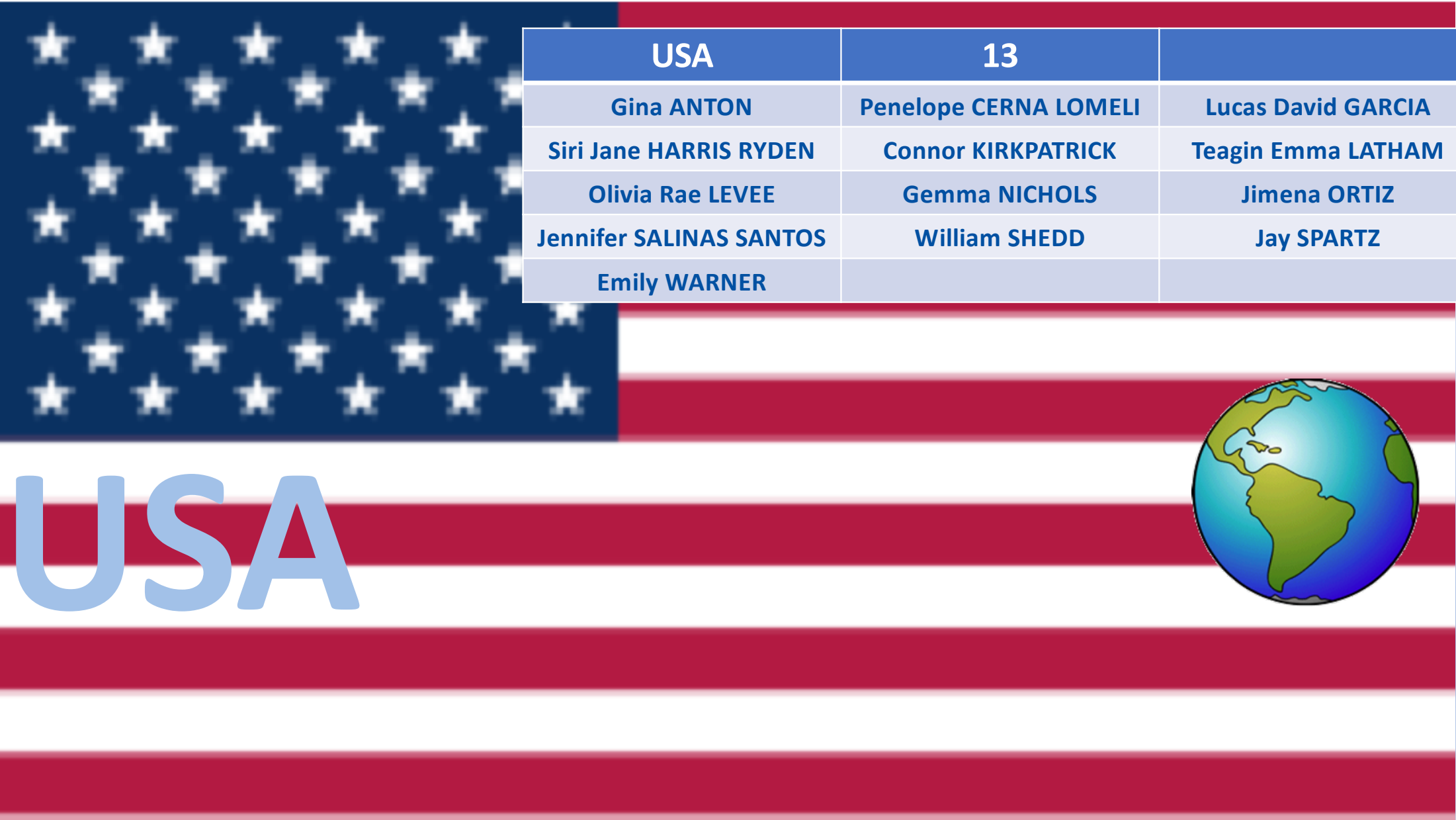
2

Hsin-ni HO

Chin Chieh LIANG

TAIWAN





| USA                     | 13                    |                    |
|-------------------------|-----------------------|--------------------|
| Gina ANTON              | Penelope CERNA LOMELI | Lucas David GARCIA |
| Siri Jane HARRIS RYDEN  | Connor KIRKPATRICK    | Teagin Emma LATHAM |
| Olivia Rae LEVEE        | Gemma NICHOLS         | Jimena ORTIZ       |
| Jennifer SALINAS SANTOS | William SHEDD         | Jay SPARTZ         |
| Emily WARNER            |                       |                    |

USA



# Administrative Obligations To Remain in Belgium...



# Administration - CIRE



Certificat d'Inscription au Registre des Etrangers

Certificate of Registration into the Foreigners' Register

Certificado de Inscripción en el Registro de Extranjeros

**PASSPORT & VISA must be transformed  
into CIRE**

**Why :**

To be able to **open a bank account**

To be able to **join the Rotary Trips**

To be able to **travel in Europe**

**PASAPORTE Y VISA deben transformarse en CIRE**

**Por qué :**

Para poder **abrir una cuenta bancaria**

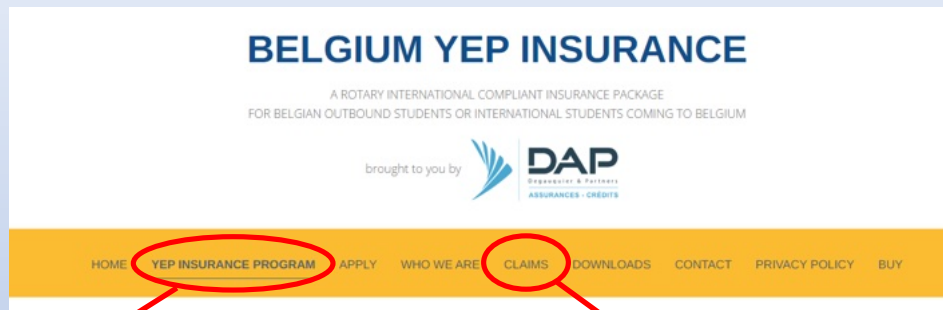
Para poder **participar en los viajes del Rotary**

Para poder **viajar en Europe**



# INSURANCE

## INSURANCE ACE :



### What is covered

Personal Accident

Medical Expenses & Assistance Service  
(Fee : 50 € at your charge)

Baggage

Cancellation interruption & adjustment

Personal liability

Hi-jack, kidnap & hostage

Political Evacuation



### Claims procedure

I need to go to the doctor or to the hospital emergency department.

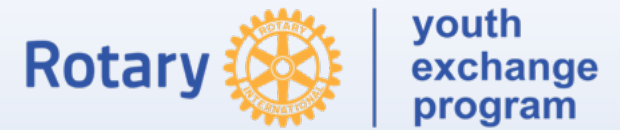
I need a medical treatment involving hospitalisation (overnight or one day clinic).

My luggage or personal belongings are missing or stolen.

I must be repatriated to attend the funeral of a relative.

I damaged an object belonging to my host family.

# Emergency Fund



- 400 € to be given to the YEO of the club in september
- Will be returned at the end of the your stay **if and only if** all the debts are paid

# What About Belgium?



# Belgium

- Belgium is a Kingdom with King Philippe and Queen Mathilde
- Belgium is one of the six founder of the EU
- Belgian Capital City Brussels is also the European Capital City



But that would be too easy !

- Belgium is definitely and for sure the most complicated political structure on ...

## EARTH !

### ELARGISSEMENT DE L'UNION EUROPÉENNE LES ÉTAPES :



# Belgium Politic

<https://www.youtube.com/watch?v=QlwHotpl9DA>



Belgium is not only known for



But also for





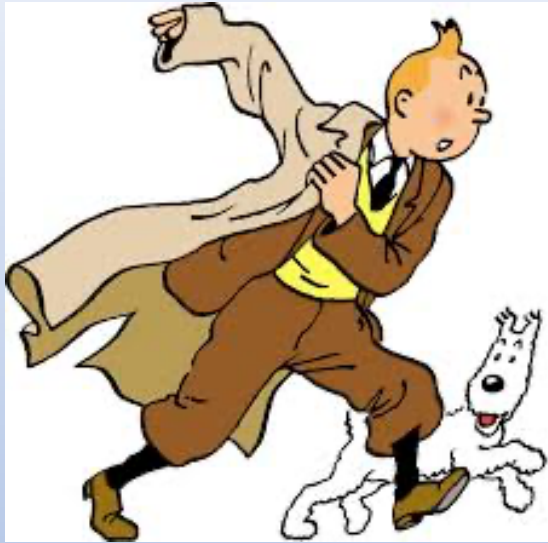


Belgium is also known for ...

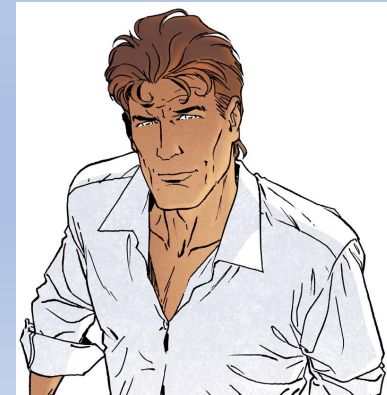




and Comics



<https://www.youtube.com/watch?v=ALNL8SJOFa0>







Rubens



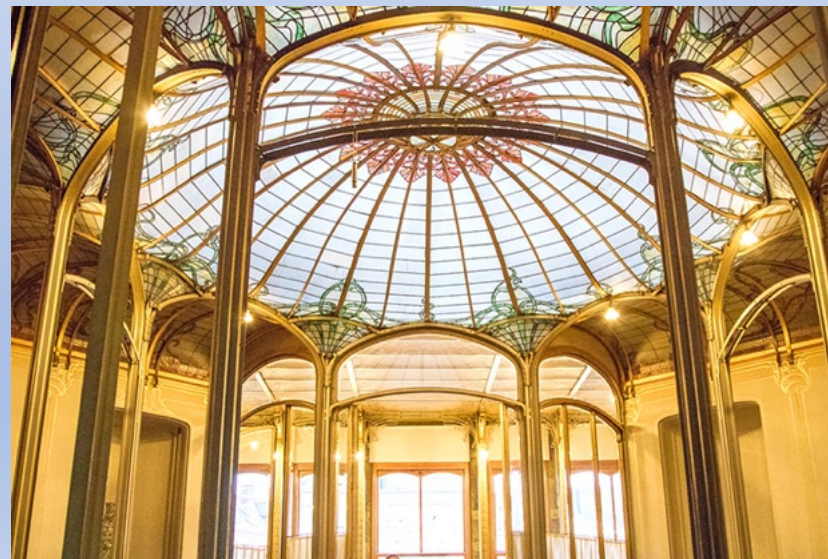
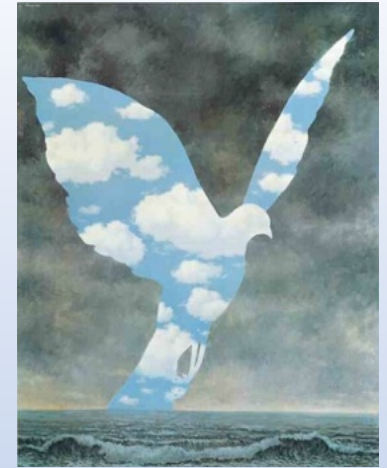
Van Eyck

Belgium is known for Art

and Surrealism



Victor Horta





# BELGIUM & SPORTS



Red Lions - Hockey



Red Devils - Football

Nafissatou THIAM

Heptathlon



Remco Evenepoel -  
Cycling

Justine Henin & Kim Clijsters -  
TENNIS



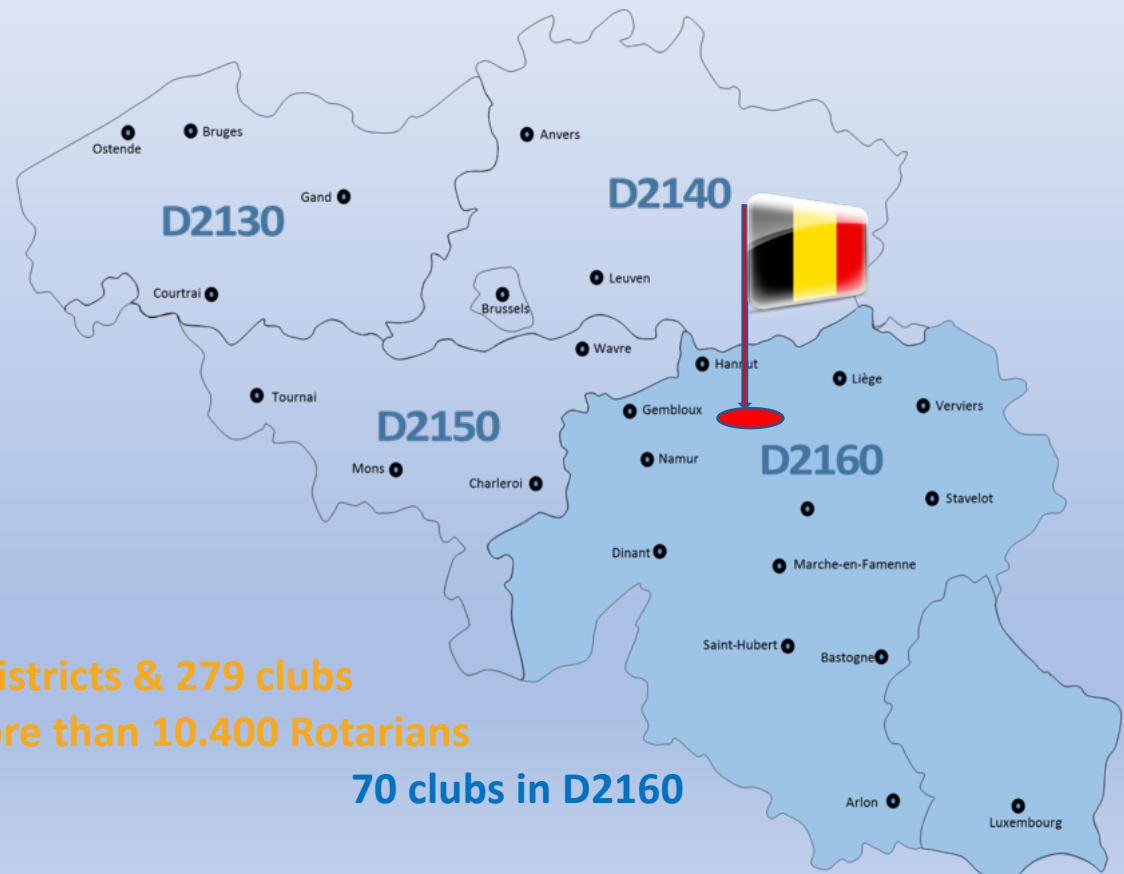
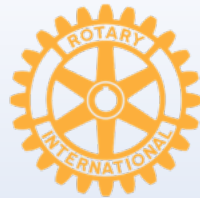
Joachim Gerard -  
TENNIS



Belgian Cats - Baskets

# What about Rotary in Belgium ?

# Rotary



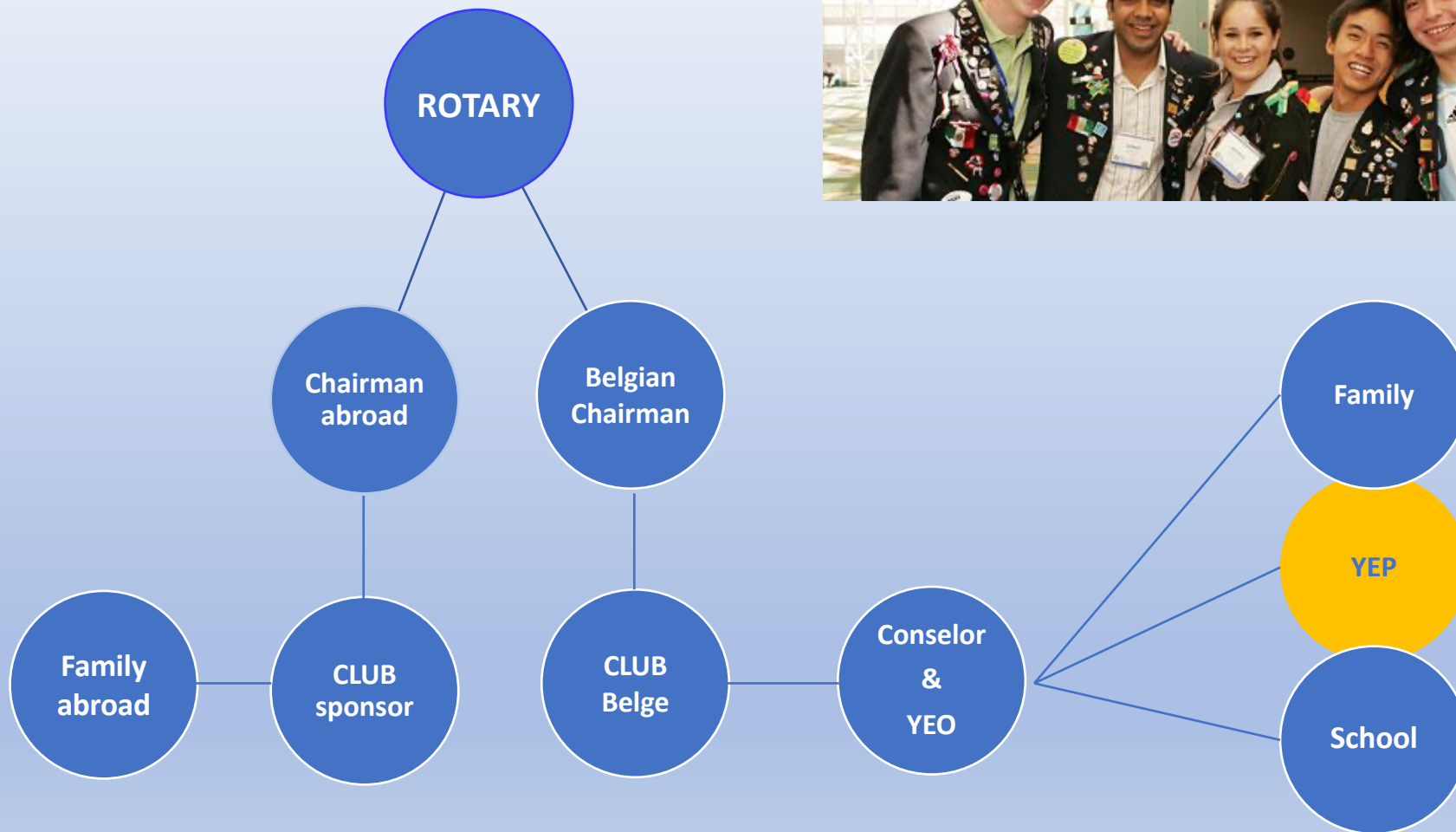
4 districts & 279 clubs

More than 10.400 Rotarians

70 clubs in D2160

# Les acteurs du programme

## Exchange Actors



# Your Challenges

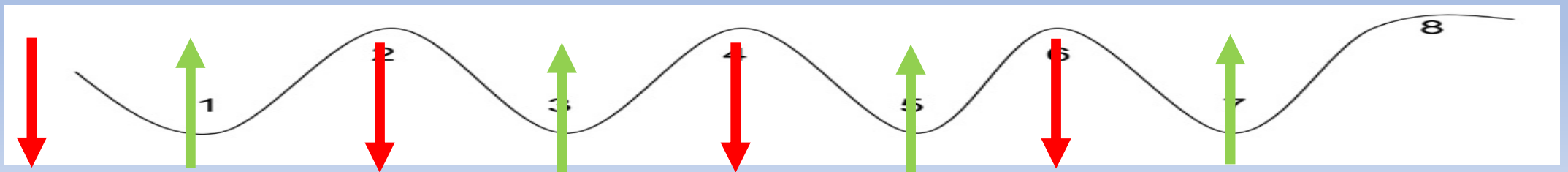
**Paperwork, Emotions, Language and Ambassador**



# Feeling Up and Down



- 1) Application Anxiety : Checked
- 2) Selection & Arrival Fascination : ongoing
- 3) Initial Culture Shock : 1-3 months
- 4) Surface Adjustment : Language Improvement, Friends
- 5) Mental Isolation : New Year
- 6) Integration
- 7) Return Anxiety : 1 month before the end
- 8) Shock Reintegration





# Learning a New Language

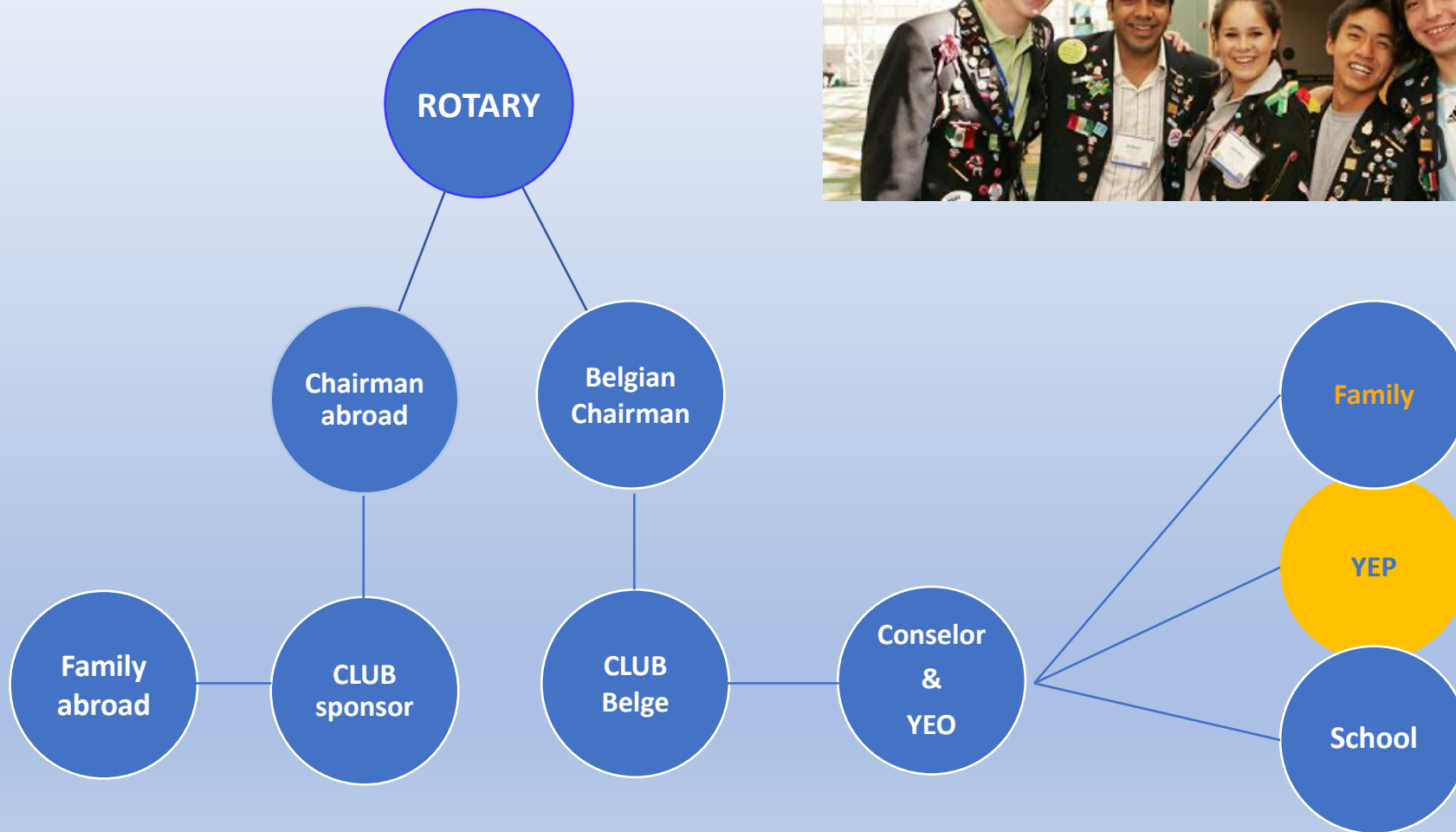


# Be a Proud Ambassador of

- Your Home Country
- Your Host Country
- Your Rotary Club and District
- Your Home and Host Families

**YOUR BEHAVIOUR WILL IMPACT THE NEXT YEP GENERATIONS**

## Exchange Actors : Family



## Exchange Actors : Family

- You will have 3 families // 3 familias de acogido
- Speak French at home // Habla Francés
- You are not a guest but member of the family  
No eres un invitado, sino un miembro de la familia
- You have rights and obligations // Tienes derechos y obligaciones
- Don't be stuck on your phone //  
No pasar mucho tiempo en el internet o sobre las redes sociales
- Talk with your family about hobbies Habla con tu familia de tus intereses
- Do not stay in your room but enjoy the living room  
No te quedes solo en tu habitación pero comparte la vida familiar y los espacios en común
- Share family meals Comparte las cenas y ofrece tu ayuda



Family

YEP

**Adapt yourself to them**

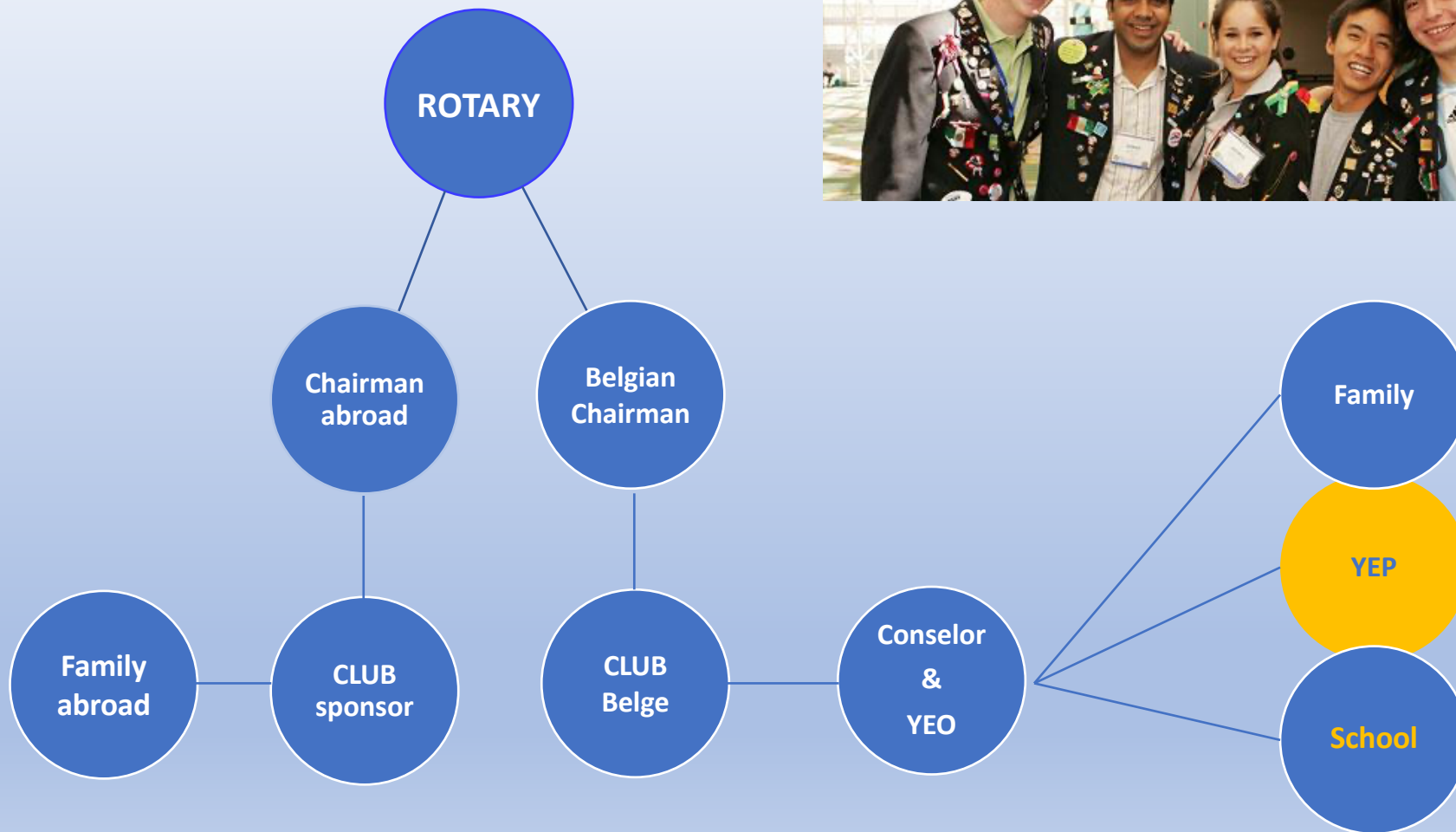
Adaptate a tu familia de acogida



- A party ? Ask them !
- Dinner outside ? Tell them !
- Share a weekly schedule
- Never lie !
- And always say **MERCI**



## Exchange Actors : School



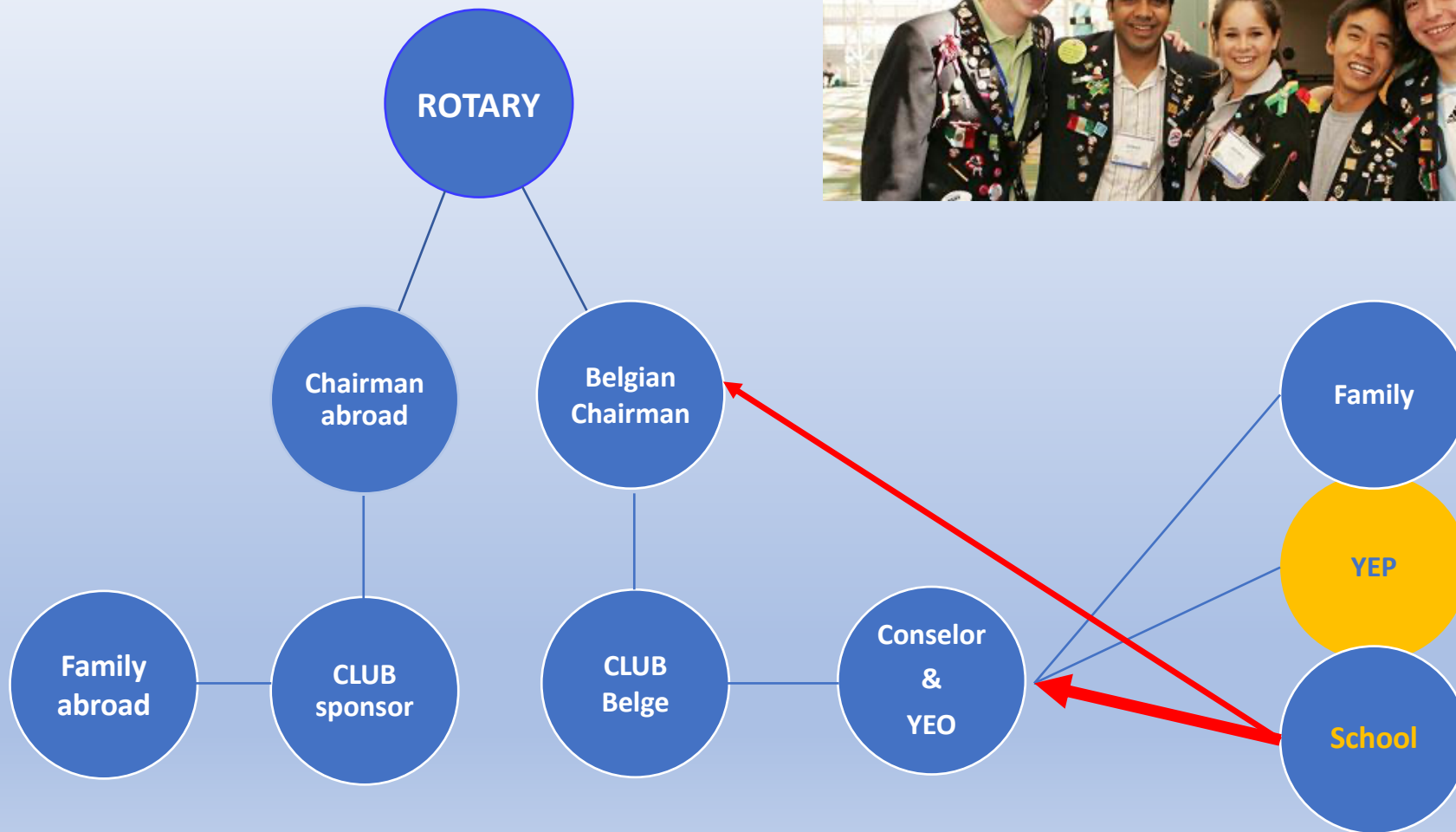
## Exchange Actors : School

- **COMPULSORY** because student's **OBLIGATORIO** por qué es visa de estudiante
- Go to school and act as a Belgian student
- Pass your exams
- Respect your teacher and staff
- Don't spend too much time with other exchange students
- School is the place to make friends
- Be one of them (homework, exams, ...)
- You must follow 28 hours a week minimum
- But there will be plenty days off...

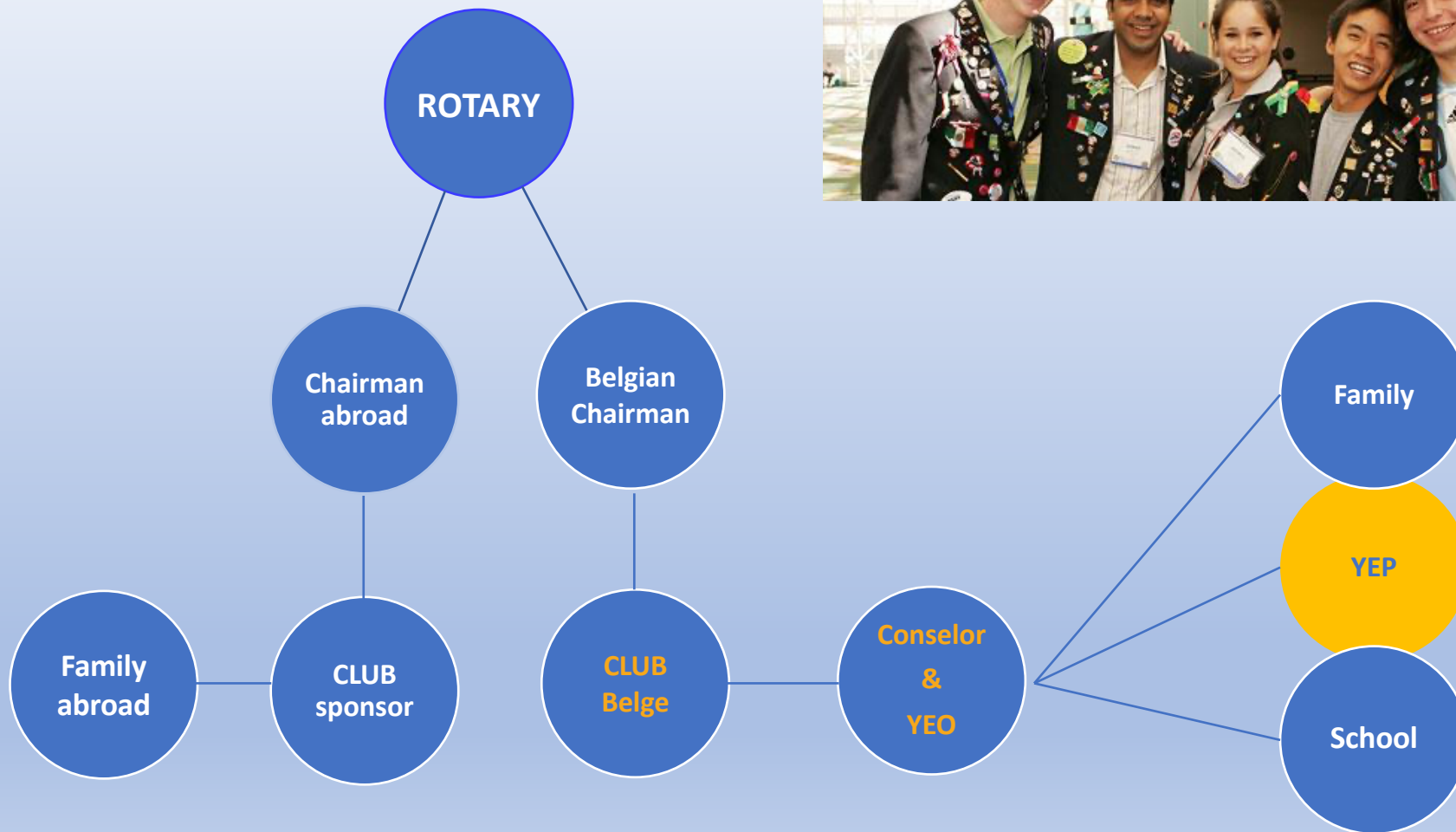




## Exchange Actors : School

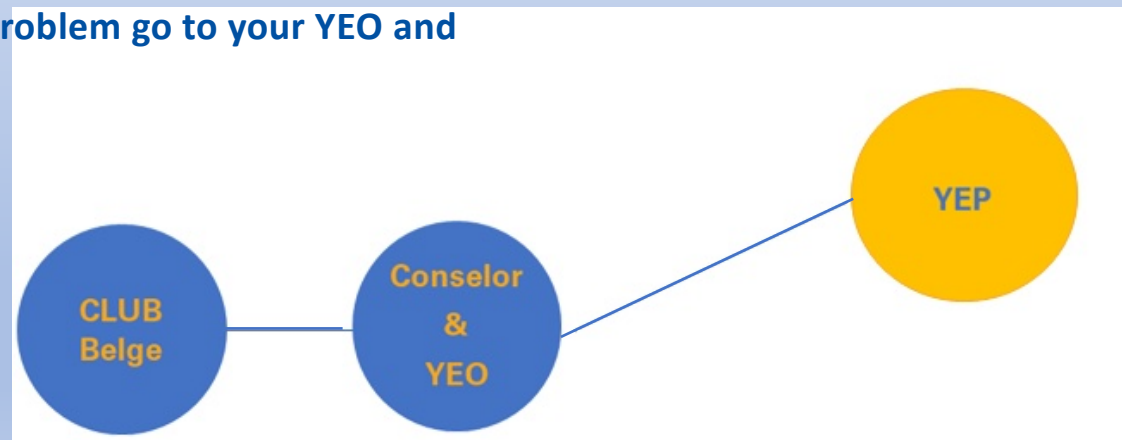


## Exchange Actors : Belgian Rotary Club



## Exchange Actors : Belgian Rotary Club

- Attend Rotary meeting minimum once a month
- Share with your club your past week or month
- Give priority to Rotary events over private events
- Rotarians are always available for you
- Your Counselor is there to listen to you and to help you
- If your Counselor can't solve your problem go to your YEO and Crisis Director



CONTRAT SIGNÉ

CONTRACT SIGNED

CONTRATO FIRMADO



Règles - Rules - Reglas

Rotary Rules + Belgian rules

# Types of Headaches

---

**Migraine**



**Hypertension**



Yep not following rules

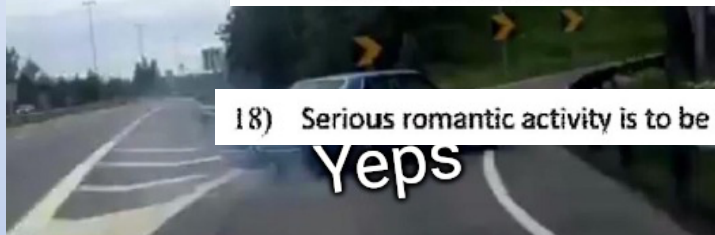
**Stress**



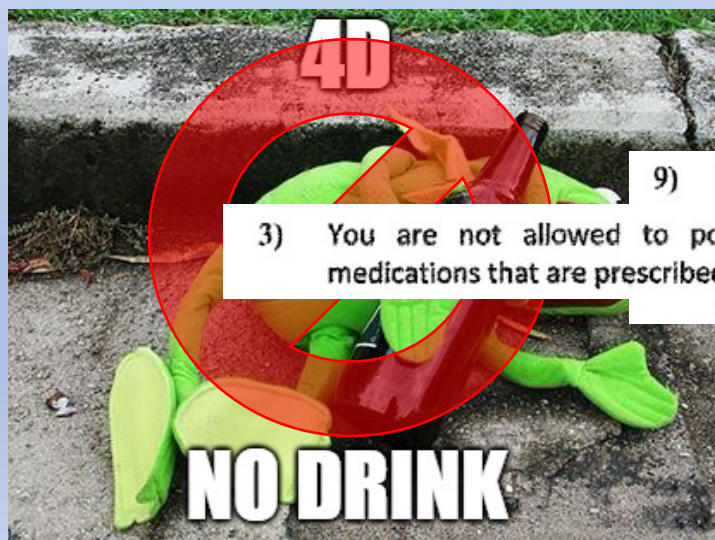
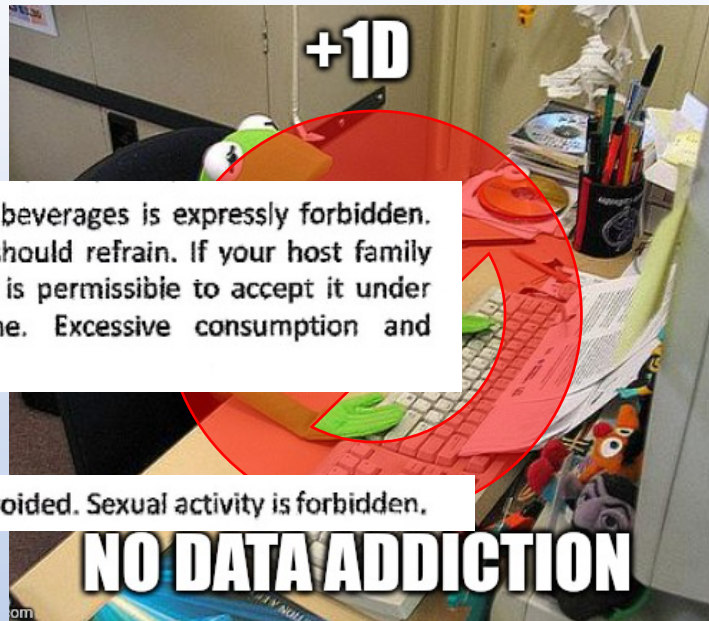




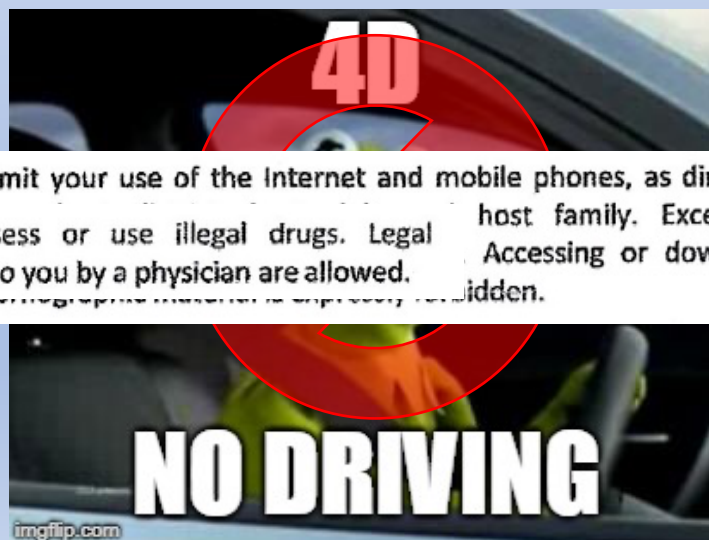
- 4) The illegal drinking of alcoholic beverages is expressly forbidden. Students who are of legal age should refrain. If your host family offers you an alcoholic drink, it is permissible to accept it under their supervision in the home. Excessive consumption and drunkenness is forbidden.



- 18) Serious romantic activity is to be avoided. Sexual activity is forbidden.



- 3) You are not allowed to possess or use illegal drugs. Legal medications that are prescribed to you by a physician are allowed.
- 9) Limit your use of the Internet and mobile phones, as directed by host family. Excessive or Accessing or downloading pornography material is expressly forbidden.



## Rules signed by you, your natural family and host family



Rotary District \_\_\_\_\_

Applicant Name \_\_\_\_\_

### Rotary Youth Exchange – Long-Term Exchange Program Section G: Rules and Conditions of Exchange

As a Youth Exchange student sponsored by a Rotary club or district, you must agree to the following rules and conditions of exchange. Violation of any of these rules may result in dismissal from the program and immediate return home, at student's expense. Please note that districts may add this document or insert additional rules if needed to account for local conditions.

#### Rules and Conditions of Exchange

- You must obey the laws of the host country. If found guilty of violating any law, you can expect no assistance from your sponsors or native country. You must return home at your own expense as soon as released by authorities.
- You will be under the host district's authority while you are an exchange student and must abide by the rules and conditions of exchange provided by the host district. Parents or legal guardians must not authorize any extra activities directly to you. Any relatives you may have in the host country will have no authority over you while you are in the program.
- You are not allowed to possess or use illegal drugs. Legal medications that are prescribed to you by a physician are allowed.
- The illegal drinking of alcoholic beverages is expressly forbidden. Students who are of legal age should refrain. If your host family offers you an alcoholic drink, it is permissible to accept it under their supervision in the home. Excessive consumption and drunkenness is forbidden.
- You may not operate a motorized vehicle, including but not limited to cars, trucks, motorcycles, aircraft, all-terrain vehicles, snowmobiles, boats, and other watercraft, or participate in driver education programs.
- Smoking is discouraged. If you state in your application that you do not smoke, you will be held to that position throughout your exchange. Your acceptance and host family placement is based on your signed statement. Under no circumstances are you to smoke in your host family's bedrooms.
- Body piercing or obtaining a tattoo while on your exchange, without the express written permission of your natural parents, host parents, host club, and host district, is prohibited, for health reasons.
- You must make every effort to learn the language of the host country, and may be responsible for any costs for tutoring, language camps, or other instruction.
- Limit your use of the Internet and mobile phones, as directed by your host district, host club, and host family. Excessive or inappropriate use is not acceptable. Accessing or downloading pornographic material is expressly forbidden.
- You must attend school regularly and make an honest attempt to succeed.
- You must have health and accident or travel insurance that provides coverage for accidental injury and illness, death benefits (including repatriation of remains), disability/disbursement benefits, emergency medical evacuation, emergency visitation expenses, 24-hour emergency assistance services, and legal services, in amounts satisfactory to the host Rotary club or district in consultation with the sponsor Rotary club or district, with coverage from the time of your departure from your home country until your return.
- You must also have liability coverage through a travel insurance or other applicable policy, in amounts satisfactory to the host Rotary club or district in consultation with the sponsor Rotary club or district.
- You must have sufficient financial support to assure your well-being during your exchange. Your host district may require a contingency fund for emergency situations. Unused funds will be returned to you or to your parents or legal guardians at the end of your exchange.
- You must follow the travel rules of your host district. Travel is permitted with host parents or for Rotary club or district functions authorized by the host Rotary club or district with proper adult chaperones. The host district and club, host family, and your parents or legal guardians must approve any other travel in writing, thus exempting Rotary of responsibility and liability.
- You must return home directly by a route mutually agreeable to your host district and your parents or legal guardians.
- Any costs related to an early return home or any other unusual costs (language tutoring, tours, etc.) are the responsibility of you and your parents or legal guardians.
- Visits by your parents or legal guardians, siblings, or friends while you are on exchange may only take place with the club's and district's consent and within their guidelines. Typically, visits may be arranged only in the last quarter of the exchange or during school breaks and are not allowed during major holidays.
- Serious romantic activity is to be avoided. Sexual activity is forbidden.
- Talk with your host club counselor, host parents, or other trusted adult if you encounter any form of abuse or harassment.

#### Recommendations for a Successful Exchange

- You should communicate with your first host family prior to leaving your home country. The family's information will be provided to you by your host club or district prior to your departure.
- Respect your host's wishes. Become an integral part of the host family, assuming duties and responsibilities normal for a student of your age or for children in the family.
- Learn ahead of time as much of the language of your host country as possible, and use the language regularly. Teachers, host parents, Rotary club members, and others you meet in the community will appreciate the effort. It will go a long way in your gaining acceptance in the community and with those who will become lifelong friends.
- Attend Rotary-sponsored events and host family events, and show an interest in these activities. Volunteer to be involved; do not wait to be asked. Lack of interest on your part is detrimental to your exchange and can have a negative impact on future exchanges.
- Get involved in your school and community activities. Plan your recreation and spare-time activities around your school and community friends. Don't spend all your time with other exchange students. If there is a local Internet club, you are encouraged to join it.
- Choose friends in the community carefully. Ask for and heed the advice of host families, counselors, and school personnel in choosing friends.
- Do not borrow money. Pay any bills promptly. Ask permission to use the family phone or computer. Keep track of all calls and time on the Internet, and reimburse your host family each month for the costs you incur.
- If you are offered an opportunity to go on a trip or attend an event, make sure you understand any costs you must pay and your responsibilities before you go.

Rotary Youth Exchange Program: Rules and Conditions of Exchange

Section G, Page 1 of 2

Application Form Page 10

#### DECLARATION

CONSIDERATION of the acceptance and participation of the applicant is program, the undersigned APPLICANT and his/her PARENTS or LEGAL GUARDIANS, to the full extent permitted by law, hereby release agree to defend, hold harmless, and indemnify all host parents and others of their families and all members, officers, directors, committee members, and employees of the host and sponsor Rotary clubs and districts, of Rotary International, from any or all liability for any loss, property damage, personal injury, or death, including any such liability that may arise of any negligent act or omission, excepting gross negligence or intentional conduct, of any such persons or entities, which may be suffered incurred by such applicant, parent, or guardian during, or as a result of, participation by the applicant in such Youth Exchange program, including travel to and from the host country.

I, the undersigned applicant and undersigned parents or legal guardians of applicant, we hereby state that we have read and understood the Program and Conditions of Exchange. Should I, as a student, be selected for an exchange, I agree to abide by these rules and others imposed on me with due diligence during my time as an exchange student in the host country.

I attest that we have read and understand the Statement of Conduct for Working with Youth. We understand that all Rotarians and host families are expected to have read and understand this statement as well. I understand if selected for an exchange, I will be provided with training and written material on abuse and harassment and that this information will include the latest information of the person I should contact if I encounter any form of sexual abuse or harassment.

I, the undersigned applicant attests that I am of good health and character, understand the importance of the role of a youth ambassador as a Rotary Youth Exchange student, and will, to the best of my ability, maintain the standards required of a Rotary Youth Exchange student should I be selected to represent my sponsor Rotary club and district, school, community, province, and country. I further state that all the material contained in application and the attached documents are true and accurate to the best of my knowledge.

|  |                         |
|--|-------------------------|
| Parent (print name)  | Signature (in blue ink) |
| Legal Guardian (print name)  | Signature (in blue ink) |
| Legal Guardian (print name)  | Signature (in blue ink) |
| Witness in the presence of Sponsor Club/District Representative (print name and title) | Signature (in blue ink) |
| Signed this _____ Day of _____ Month, _____ Year.                                      |                         |

#### Emergency Contact in home country, OTHER THAN A PARENT/GUARDIAN

|                  |                   |                       |                     |
|------------------|-------------------|-----------------------|---------------------|
| Relationship     |                   |                       |                     |
| Address – Street |                   |                       |                     |
| State/Province   | Postal Code       | Country               |                     |
| Home Address     | Home Phone Number | Business Phone Number | Mobile Phone Number |

#### Statement of Conduct for Working with Youth

Rotary International strives to create and maintain a safe environment for all youth who participate in Rotary activities. Rotarians, Rotarians' spouses, servants, and other volunteers must safeguard the children and young people they come in contact with and protect them from physical, sexual and emotional abuse.

Adopted by the Rotary International Board of Directors, November 2006


Rotary Youth Exchange Program: Rules and Conditions of Exchange

Section G, Page 2 of 2





## 8. Les règles


 Rotary District \_\_\_\_\_ Applicant Name \_\_\_\_\_  
**Rotary Youth Exchange – Long-Term Exchange Program**  
**Section G: Rules and Conditions of Exchange**

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**Rules and Conditions of Exchange**

- You must obey the laws of the host country. If found guilty of violating any law, you can expect no assistance from your sponsors or native country. You must return home at your own expense as soon as released by authorities.
- You will be under the host district's authority while you are an exchange student and must abide by the rules and conditions of exchange provided by the host district. Parents or legal guardians must not authorize any extra activities directly to you. Any relatives you may have in the host country will have no authority over you.
- You are not allowed to possess or use illegal drugs. Legal medications that are prescribed to you by a physician are allowed.
- You may not operate a motorized vehicle, including but not limited to cars, trucks, motorcycles, aircraft, all-terrain vehicles, snowmobiles, boats, and other watercraft, or participate in driver education programs.
- Smoking is discouraged. If you state in your application that you do not smoke, you will be held to that position throughout your exchange. Your acceptance as a host family placement is based on your signed statement. Under no circumstances are you to smoke in your host family's bedrooms.
- Body piercing or obtaining a tattoo while on your exchange, without the express written permission of your natural parents, host parents, host club, and host district, is prohibited, for health reasons.
- You must make every effort to learn the language of the host country, and may be responsible for any costs of tutoring, language camps, or other instruction.
- Limit your use of the Internet and mobile phones, as directed by your host district, host club, and host family. Excessive or inappropriate use is not acceptable. Accessing or downloading pornographic material is expressly forbidden.
- You must attend school regularly and make an honest attempt to succeed.
- You must have health and accident or travel insurance that provides coverage for accidental injury and illness, death benefits (including repatriation of remains), disability/dismemberment benefits, emergency medical evacuation, emergency visitation expenses, 24-hour emergency assistance services, and legal services, in amounts satisfactory to the host Rotary club or district in consultation with the sponsor Rotary club or district, with coverage from the time of your departure from your home country until your return.
- You must also have liability coverage through a travel insurance or other applicable policy, in amounts satisfactory to the host Rotary club or district in consultation with the sponsor Rotary club or district.
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- You must follow the travel rules of your host district. Travel is permitted with host parents or for Rotary club or district functions authorized by the host Rotary club or district with proper adult chaperones. The host district and club, host family, and your parents or legal guardians must approve any other travel in writing, thus exempting Rotary of responsibility and liability.
- You must return home directly by a route mutually agreeable to your host district and your parents or legal guardians.
- Any costs related to an early return home or any other unusual costs (language tutoring, tours, etc.) are the responsibility of you and your parents or legal guardians.
- Visits by your parents or legal guardians, siblings, or friends while you are on exchange may only take place with the host club's and district's consent and within their guidelines. Typically, visits may be arranged only in the last quarter of the exchange or during school breaks and are not allowed during major holidays.
- Serious romantic activity is to be avoided. Sexual activity is forbidden.
- Talk with your host club counselor, host parents, or other trusted adult if you encounter any form of abuse or harassment.

**Recommendations for a Successful Exchange**

- You should communicate with your first host family prior to leaving your home country. The family's information will be provided to you by your host club or district prior to your departure.
- Respect your host's wishes. Become an integral part of the host family, assuming duties and responsibilities normal for a student of your age or for children in the family.
- Learn ahead of time as much of the language of your host country as possible, and use the language regularly. Teachers, host parents, Rotary club members, and others you meet in the community will appreciate the effort. It will go a long way in your gaining acceptance in the community and with those who will become lifelong friends.
- Attend Rotary-sponsored events and host family events, and show interest in these activities. Volunteer to be involved, do not wait to be asked. Lack of interest on your part is detrimental to your exchange and can have a negative impact on future exchanges.
- Get involved in your school and community activities. Plan your recreation and spare-time activities around your school and community friends. Don't spend all your time with other exchange students. If there is a local interest club, you are encouraged to join it.
- Choose friends in the community carefully. Ask for and heed the advice of host families, counselors, and school personnel in choosing friends.

Rotary Youth Exchange Program: Rules and Conditions of Exchange

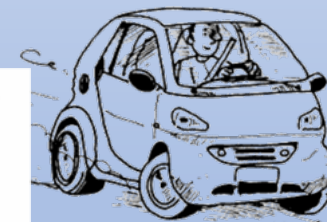
Application Form Page 10

### • Zero Tolerance



**NO DRUGS**

3) You are not allowed to possess or use illegal drugs. Legal medications that are prescribed to you by a physician are allowed.




**NO DRIVING**

5) You may not operate a motorized vehicle, including but not limited to cars, trucks, motorcycles, aircraft, all-terrain vehicles, snowmobiles, boats, and other watercraft, or participate in driver education programs.

**If rules not respected, you will go back home**



## 8. Les règles

|   |                       |                        |
|---|-----------------------|------------------------|
|    | Rotary District _____ | Applicant Name _____   |
| <b>Rotary Youth Exchange – Long-Term Exchange Program</b>   |                       |                        |
| <b>Section G: Rules and Conditions of Exchange</b>  |                       |                        |
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| <b>Rules and Conditions of Exchange</b>   |                       |                        |
| <p>1) You must obey the laws of the host country. If found guilty of violating any law, you can expect no assistance from your sponsors or native country. You must return home at your own expense as soon as released by authorities.</p> <p>2) You will be under the host district's authority while you are an exchange student and must abide by the rules and conditions of exchange provided by the host district. Parents or legal guardians must not authorize any extra activities directly to you. Any relatives you may have in the host country will have no authority over you while you are in the program.</p> <p>3) <b>That are prescribed to you by a physician are allowed.</b></p> <p>4) <b>The illegal drinking of alcoholic beverages is expressly forbidden. Students who are of legal age should refrain. If your host family offers you an alcoholic drink, it is permissible to accept it under their supervision in the home. Excessive consumption and drunkenness is forbidden.</b></p> <p>5) <b>You may not operate a motor vehicle, including cars, trucks, vans, cars, trucks, motorcycles, aircraft, all-terrain vehicles, snowmobiles, boats, and other watercraft, or participate in driver education programs.</b></p> <p>6) Smoking is discouraged. If you state in your application that you do not smoke, you will be held to that position throughout your exchange. Your acceptance and host family placement is based on your signed statement. Under no circumstances are you to smoke in your host family's bedrooms.</p> <p>7) Body piercing or obtaining a tattoo while on your exchange, without the express written permission of your natural parents, host parents, host club, and host district, is prohibited, for health reasons.</p> <p>8) You must make every effort to learn the language of the host country, and may be responsible for any costs for tutoring, language camps, or other instruction.</p> <p>9) Limit your use of the Internet and mobile phones, as directed by your host district, host club, and host family. Excessive or inappropriate use is not acceptable. Accessing or downloading pornographic material is expressly forbidden.</p> |                       |                        |
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| Rotary Youth Exchange Program: Rules and Conditions of Exchange   |                       | Section G, Page 1 of 2 |

Application Form Page 10

**NO DRINK**

- 4) The illegal drinking of alcoholic beverages is expressly forbidden. Students who are of legal age should refrain. If your host family offers you an alcoholic drink, it is permissible to accept it under their supervision in the home. Excessive consumption and drunkenness is forbidden.

Ex : Excès, Coma éthylique, Séjour à la gendarmerie,...

**During Rotary activities and trips, alcool is forbidden**


**If not respected, trip stops directly for you...and can be cancelled for all the other ones**

**(Example 2023-2024 : Cancellation of Prague trip)**



**If rules not respected, you will go back home**

## 8. Les règles

|  |  |                      |  |  |
|--|--|----------------------|--|--|
|   | Rotary District _____  | Applicant Name _____ |  |  |
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| Rotary Youth Exchange Program: Rules and Conditions of Exchange  |  |                      |  |  |
| Section G, Page 1 of 2   |  |                      |  |  |

Application Form Page 10

NO DATE

- 18) Serious romantic activity is to be avoided. Sexual activity is forbidden.
- 19) Talk with your host club counselor, host parents, or other trusted adult if you encounter any form of abuse or harassment.

If rules not respected, you will go back home



## Trips



Rotary District \_\_\_\_\_

Applicant Name \_\_\_\_\_

### Rotary Youth Exchange – Long-Term Exchange Program Section G: Rules and Conditions of Exchange

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#### Recommendations for a Successful Exchange

- 1) You should communicate with your first host family prior to leaving your home country. The family's information will be provided to you by your host club or district prior to your departure.
- 2) Respect your host's wishes. Become an integral part of the host family, assuming duties and responsibilities normal for a student of your age or for children in the family.
- 3) Learn ahead of time as much of the language of your host country as possible, and use the language regularly. Teachers, host parents, Rotary club members, and others you meet in the community will appreciate the effort. It will go a long way in your gaining acceptance in the community and with those who will become lifelong friends.
- 4) Attend Rotary-sponsored events and host family events, and show an interest in these activities. Volunteer to be involved; do not wait to be asked. Lack of interest on your part is detrimental to your exchange and can have a negative impact on future exchanges.

Rotary Youth Exchange Program: Rules and Conditions of Exchange

Section G, Part 1 of 2

Application Form Page 10

#### DECLARATION

CONSIDERATION of the acceptance and participation of the applicant is program, the undersigned APPLICANT and his/her PARENTS or LEGAL GUARDIANS, to the full extent permitted by law, hereby release agree to defend, hold harmless, and indemnify all host parents and others of their families, and all members, officers, directors, committee members, and employees of the host and sponsor Rotary clubs and districts, of Rotary International, from any or all liability for any loss, property damage, personal injury, or death, including any such liability that may arise of any negligent act or omission, excepting gross negligence or intentional conduct, of any such persons or entities, which may be suffered by such applicant, parent, or guardian during, or as a result of, participation by the applicant in such Youth Exchange program, including travel to and from the host country.

The undersigned applicant and undersigned parents or legal guardians of applicant, we hereby state that we have read and understood the Program and Conditions of Exchange. Should I, as a student, be selected for an exchange, I agree to abide by these rules and others imposed on me with due diligence during my time as an exchange student in the host country.

I attest that we have read and understand the Statement of Conduct for Working with Youth. We understand that all Rotarians and host families are expected to have read and understand this statement as well. I understand if selected for an exchange, I will be provided with training and written material on abuse and harassment and that this information will include the actual information of the person I should contact if I encounter any form of sexual harassment.

Undersigned applicant attests that I am of good health and character, understand the importance of the role of a youth ambassador as a Rotary Youth Exchange student, and will, to the best of my ability, maintain the standards required of a Rotary Youth Exchange student should I be selected to represent my sponsor Rotary club and district, school, community, province, and country. I further state that all the material contained in application and the attached documents are true and accurate to the best of my knowledge.

|                             |                         |
|-----------------------------|-------------------------|
| Parent (print name)         | Signature (in blue ink) |
| Legal Guardian (print name) | Signature (in blue ink) |
| Legal Guardian (print name) | Signature (in blue ink) |
| Address                     |                         |
| Home Phone Number           |                         |
| Business Phone Number       |                         |
| Mobile Phone Number         |                         |

#### Statement of Conduct for Working with Youth

Rotary International strives to create and maintain a safe environment for all youth who participate in Rotary activities. Rotarians, Rotarians' spouses, sons, and other volunteers must safeguard the children and young people they come in contact with and protect them from physical, sexual and emotional abuse.

Adopted by the Rotary International Board of Directors, November 2006

Rotary Youth Exchange Program: Rules and Conditions of Exchange

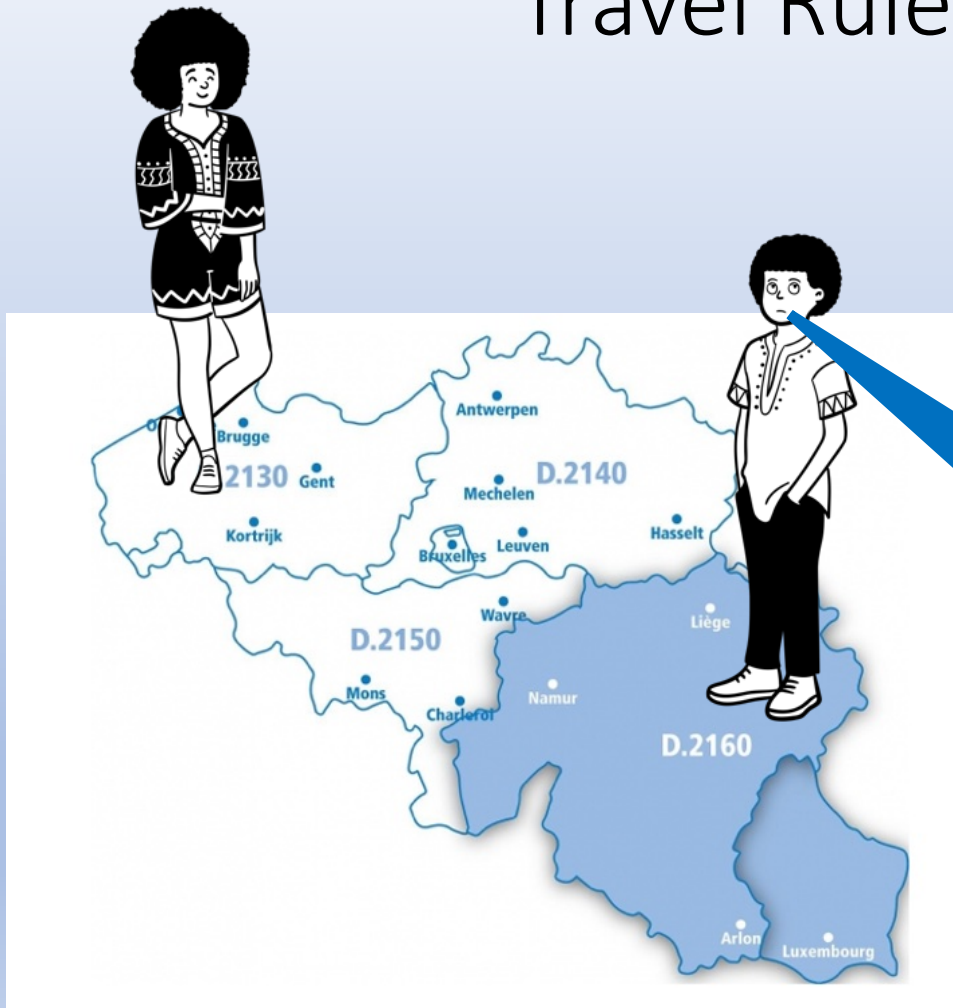
Section G, Page 2 of 2

# Travel Rules

## In Belgium and Abroad



# Travel Rules



This is Bill

Bill is a YEP from District 2160

It's Wednesday afternoon, week-end or holidays

Bill wants to visit her friend Elsa who lives in Belgium

Bill asks his host family for approval and gives the name and cell number of the friend

Please be like Bill

Hello, This is Bill. I want to go to Elsa who lives in Binche, Her phone number is ....  
Can I go please?

Yes, Have Fun



# Travel Rules

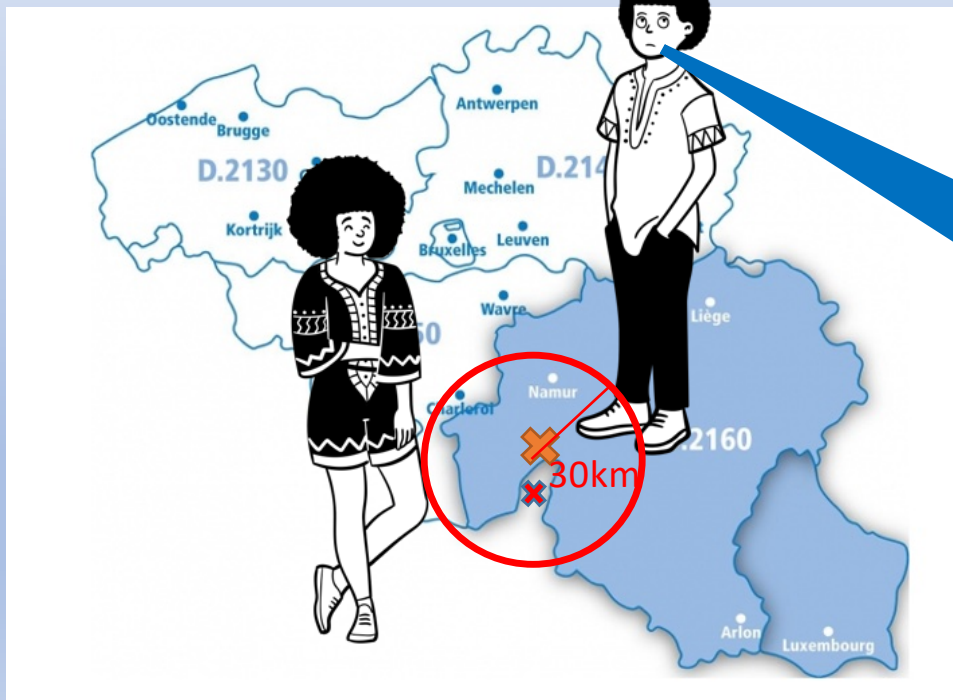
This is Bill.

Bill is a YEP from District 2160 who lives in Hastière.  
It's Wednesday afternoon, week-end or holidays.

Bill wants to visit her friend Elsa who lives outside Belgium, in Givet (**LESS THAN 30 km OF HIS HOME**)

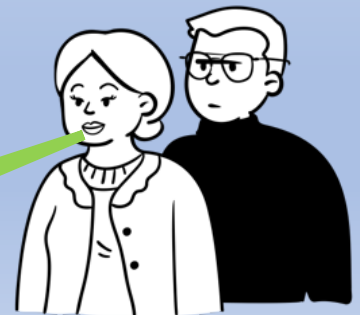
Bill asks his host family for approval and gives the name and cell phone number of his friend

Please be like Bill



Hello, it's Bill. I want to go to Elsa who lives in Givet. Her phone number is .... Can I go please?

Yes, Have Fun







Yes, Have Fun

# Travel Rules

This is Bill

Bill is a YEP from District 2160

Bill's Aunt & Uncle wish to invite him in Spain where they live  
During the week-end or holidays.

Bill gives their names and cell phone numbers, address, and the  
travel details minimum 2 weeks before departure

Bill asks his host family and natural family for approval,  
He also ask his Belgian YEO  
and Gene,

And he waits for the approval before visiting his family

Please be like Bill




Yes, Have Fun




Yes, Have Fun



Yes,  
Have Fun



hello, we want  
to see you



Hello, this is Bill. I want to visit  
Auntie & Uncle who live in Spain  
their adress and phone numbers  
are .... I'll take the plane number

....  
Can I go please?



# Travel Rules

This is Bill and her friend(s)  
Bill is a YEP from District 2160

Bill's friend Elsa wants to visit Paris  
During the weekend or holidays.

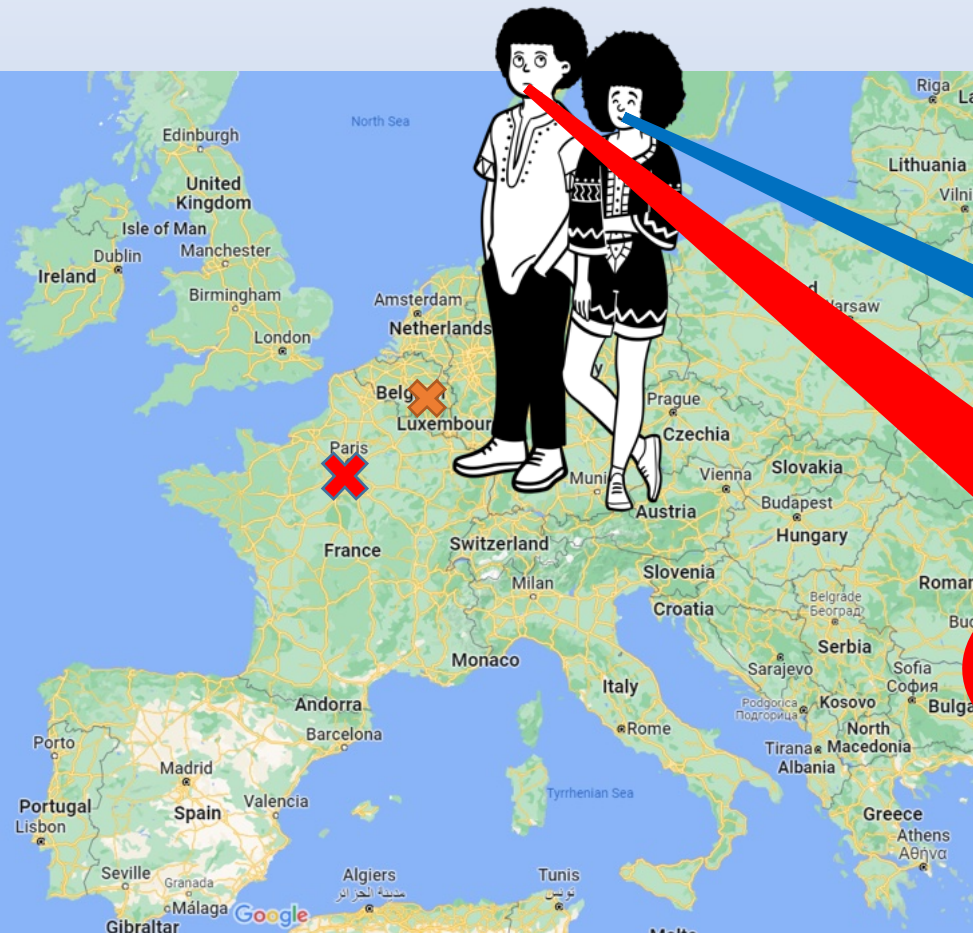
Bill's friend is under 25

Bill knows that Paris should be wonderful but he is  
not allowed to go to Paris as it is more than 30 km  
away from his house

**Sorry  
it's not allowed**

**Hello Bill. Do you  
want to come with  
me in Paris ?**

Please be like Bill







Yes, Have Fun

# Travel Rules

This is Bill

Bill is a YEP from District 2160

Bill's friend Anna wants to visit Paris

During the week-end or holidays

Anna is more than 25 years old

Bill gives the name and cell phone number, address, trip details and this minimum 2 weeks before departure

He asks his host family and natural family for approval,

His Belgian YEO


and Gene,

And he waits for the approval before visiting Paris

Please be like Bill



Yes, Have Fun



Hello, it's Bill. I want to visit Paris with Anna, the address is, his phone number is .... I'll take the plane number.... Can I go please?



Yes, Have Fun



Yes, Have Fun



# Travel Request

**!!!! Mandatory !!!!**

Link : **(a ajouter)**

**Film Ph Dubois à ajouter (lien)**

# JUST TO REMIND YOU

**Drugs, Alcohol, Driving or Sex**

**Back Home**

**Refusal to Speak French**

**Back Home**

**Violent or Dangerous behaviour**

**Back Home**

**Breaking the Laws** (Stealing, Pornography, ...)

**Back Home**

**Insufficient French Level**

**Summons in January Revaluation in March**

**Repeated absence at School**

**Summons as we know**

**Revaluation every month**

**+ NO Travel / Wednesday Activities allow**

**Travel or Festival without Authorization**

**Summons as we know**

**Revaluation every month**

**+ NO Travel / Wednesday Activities allow**

**No Participation to the Family Life**

**Summons as we know**

**Revaluation within a month**

**Being Rude or Socially Inappropriate towards  
Members of your Family, School,  
Rotary Club or Rotary District**

**Summons as we know**

**Revaluation within a month**

**Not Answering 3 Emails from District or  
Wednesday Activities**

**Blame**

**No District Awards Accessibility**



## Travel Rules: Tips

Helpful Tips

### Quand tu quittes la maison

- ✓ Dis à ta famille où tu vas et quand tu reviens
- ✓ Informe-les d'un changement de dernière minute au préalable

- ✓ Si tu montes dans 1 voiture
- ✓ Jamais avec un inconnu
- ✓ Jamais avec un conducteur qui a bu (même si il/elle est rotarien(ne)!

### when you leave home

- ✓ Tell your host family where you are going and when you are coming back
- ✓ Inform them of last minute change
- ✓ getting into a car
- ✓ Never with a stranger
- ✓ Never with a drunk driver (even if he/she is a rotarian)

### •cuando sales de casa

- ✓ Dile a tu familia a dónde vas y cuando regresas
- ✓ Avísalos de un cambio de último minuto con tiempo
- ✓ subes adentro de un carro
- ✓ Nunca con un extranjero
- ✓ Nunca con un conductor que tomó (aunque el/ella sea rotario)

### À GARDER SUR TOI

- ✓ carte d'assurance
- ✓ adresse et n° de :
  - ✓ Famille d'accueil
  - ✓ Yeo
  - ✓ Responsables district (Michel)
- ✓ Gsm chargé (credit et batterie), un peu d'argent

### KEEP ALWAYS WITH YOU

- ✓ insurance card
- ✓ emergency phone numbers next Slide
- ✓ address and numbers of :
  - ✓ host parents
  - ✓ YEO
  - ✓ district officer (Michel)
- ✓ enough money for a phone call if your cell phone battery dies

### SOBRE TI

- ✓ tarjeta de seguro
- ✓ número de llamada de emergencia
- ✓ dirección y número de :
  - ✓ tus padres acogidos
  - ✓ YEO
  - ✓ responsables distrito (Michel)
- ✓ ten suficientemente dinero para llamar si tu celular no sirve mas





**Michel  
JAMAR  
Crisis In**

**Michel JAMAR**

[jamar5032@gmail.com](mailto:jamar5032@gmail.com)

**+32 498 90 30 81**



Espanol - English - French



## Travel Rules: Tips



### tu sors le soir

- ✓ certains endroits sont dangereux : demande l'avis de tes parents ou d'amis belges
- ✓ toujours un lieu éclairé
- ✓ toujours avec des amis
- ✓ jamais avec un inconnu
- ✓ En soirée, surveille ton verre, n'accepte jamais un verre d'un inconnu sans avoir vu comment il a été rempli

### out at night

- ✓ some places are dangerous: ask your parents or belgian friends
- ✓ always with streetlights
- ✓ always with friends
- ✓ never with a stranger
- ✓ in a party always have a view on your glass, never accept a glass from a stranger if you did not see how it was filled

### sales de noche

- ✓ algunos lugares son peligrosos: pide el opinión de tus padres o amigos belgas
- ✓ siempre un lugar luminoso
- ✓ siempre con amigos
- ✓ nunca con un extranjero
- ✓ en una salida, ten cuidado a tu vaso, nunca aceptes un vaso de un extranjero sin haber visto lo que contiene el vaso

### tu es perdu

- ✓ va dans un magasin, un restaurant, un bureau de police...
- ✓ demande de l'aide

### you are lost

- ✓ go to shop, a restaurant, a police station...
- ✓ ask for help

### estas perdido

- ✓ ve adentro de una tienda, un restaurante, una oficina de policía
- ...
- ✓ pide ayuda



## LES RÈGLES – AUTRES RÈGLES



- PARTICIPATION AUX FESTIVALS
  - Uniquement de jour
  - Pas de séjour sur place
  - Recommandations habituelles concernant alcool et drogue doivent être rappelées et respectées
  - Autorisations nécessaires AVANT l'achat du billet (tout achat préalable est au risque de l'étudiant)
- DE PLUS:
  - Avoir l'autorisation de sa famille d'accueil
  - **Avoir l'autorisation et une décharge de ses parents naturels (impératif)**
  - Présenter la liste des participants
  - S'engager à préparer minutieusement la sortie avec ses amis

For any question regarding Travels (approbation, information)... **Voyage Copine Excluded**

**Gene Caudron**

**YEP commission Secrétaire**

**RC Liège Airport**



[infogenecaudron@rye2160.org](mailto:infogenecaudron@rye2160.org)



# Travel Rules

## For Relatives & Friends

# Travel Rules for Relatives & Friends

## YOUR PARENTS WANT TO VISIT

NOT POSSIBLE BEFORE **EASTER HOLIDAYS IN MAY** THIS YEAR

THEY WILL NEED THE ACCEPTANCE OF

- Your Host Family
- Your YEO
- Your District

NO VISIT OF YOUR BOYFRIEND OR GIRLFRIEND

YOUR HOST FAMILY IS NOT A HOTEL

IN MAY AND JUNE YOU MAY JOIN ROTARY TRIPS

## SUS PADRES QUIEREN VISITAR

NO ANTES LAS VACACIONES DE **PASCUA EN MAYO** ESTE AÑO

SUS PADRES NECESITAN EL ACUERDO DE

- De sus padres de acogida
- Del responsable inbound (YEO)
- Del distrito

NO VISITA DE NOVIO O NOVIA

TU FAMILIA DE ACOGIDA NO ES UN HOTEL

EN MAYO Y JUNIO HAY VIAJES DEL ROTARY

# Travel Rules for Relatives & Friends

## YOUR PARENTS WANT TO VISIT

NOT POSSIBLE BEFORE **EASTER HOLIDAYS IN MAY** THIS YEAR (message will be sent to all parties)

THEY WILL NEED THE ACCEPTANCE OF

- Your Host Family
- Your YEO
- Your District

NO VISIT OF YOUR BOYFRIEND OR GIRLFRIEND

YOUR HOST FAMILY IS NOT A HOTEL

IN MAY AND JUNE YOU MAY JOIN ROTARY TRIPS

## SUS PADRES QUIEREN VISITAR

今年の 5 月のイースター休暇前には不可能

彼らはの受け入れが必要になります

あなたのホストファミリー

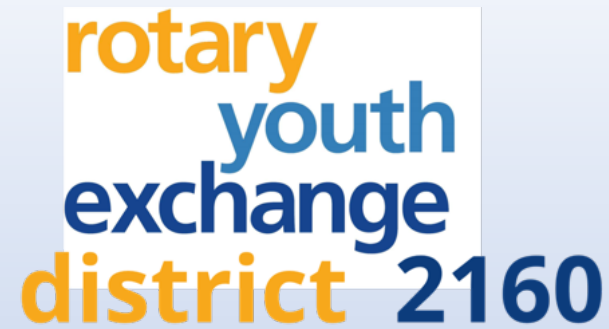
あなたのYEO

あなたの地区

あなたのボーイフレンドまたはガールフレンドの訪問  
はありません

あなたのホストファミリーはホテルではありません

5 月と 6 月にはロータリー旅行に参加できます



# WHERE ARE THE LIMITS TO MORAL AND SEXUAL HARASSMENT

# CONSENT

IT'S SIMPLE AS TEA



# MORAL AND SEXUAL HARASSMENT

## It is not

Receiving kisses on the cheek from a male or a female, young or adult  
(in Belgium everybody kisses everybody !)

Joking about sex in front of many people (Belgian people loves to joke  
about sex !)

Displaying artistic objects  
(paintings, sculptures, etc.)  
showing naked human beings

## No es

Recibir un beso sobre el cachete de la parte de un hombre o de una  
mujer, joven o adulto (en Bélgica, todo el mundo se saluda así!)

Contar bromas a carácter sexual en público (a los Belgas les gusta  
hacer bromas sobre ese sujeto!)

Exponer objetos artísticos  
(pinturas, esculturas, etc.)  
mostrando seres humanos desnudos

# MORAL AND SEXUAL HARASSMENT

## How to deal with ?

When you go out, don't go alone in dangerous places and stay with friends

If you have any doubt, especially in your host family or at school, inform immediately your counselor or district officers

If you feel in danger, leave immediately and go where you feel secure (police, friends, crowded place) and inform immediately a district officer.

It is useful to have always phone numbers of family, counselor, district officers with you.

## Cómo reaccionar ?

No vayas solo a lugares peligrosos, Quedate siempre con amigos,

En caso de duda, especialmente en tu familia o en la escuela, informa de inmediato a tu consejero o los responsables del Distrito

Si tu tienes en peligro, vete de inmediato y ve a dónde te sientas en seguridad (la policía, los amigos, un lugar en el cual hay mucha gente) e informar inmediatamente a un oficial de Distrito

Es útil que siempre tengas sobre ti los números de tu familia, de tu consejero, de los responsables del distrito

BE CAREFULL WITH YOUR POST  
ON SOCIAL NETWORK

TEN CUIDADO CON TU PUBLICACION  
EN RED SOCIAL

# MORAL AND SEXUAL HARASSMENT

## What to do ?

If any doubt about some behavior, do not hesitate to ask

- ✓ Any adult you are confident in
- ✓ Your family (sister, brother)
- ✓ A teacher
- ✓ YEO / counselor

## ¿ Que se debe hacer ?

En caso de duda acerca de un comportamiento, no dude en ponerse en contacto con:

- ✓ Un adulto en quién tengas confianza
- ✓ Tu familia (hermana, hermano...)
- ✓ Un profesor
- ✓ YEO



Child Focus is active in Sexually abused and exploited children. They provide a psychological and legal support to the victims. Never lie to the Police about moral and sexual harassment. That would lead you to prison and enormous fines.

## What is Xenophobia ?

If people are unpleasant because you are a foreigner you must inform your family and YEO, even if it happens at school.

If your teacher or your family harass you because of your nationality, inform your YEO **AND** a district officer.

Xenophoby is unlawful in Belgium

## ¿ Que es Xenofobia ?

Si personas son desagradables contigo por qué eres extranjero, tienes que informar a tu familia, tu YEO. También si eso se pasa en la escuela.

Si tu profesor o tu familia te acosa por culpa de tu nacionalidad, informa a tu YEO Y un responsable de Distrito.

La xenofobia se castiga en Bélgica

**DON'T STAY ALONE**

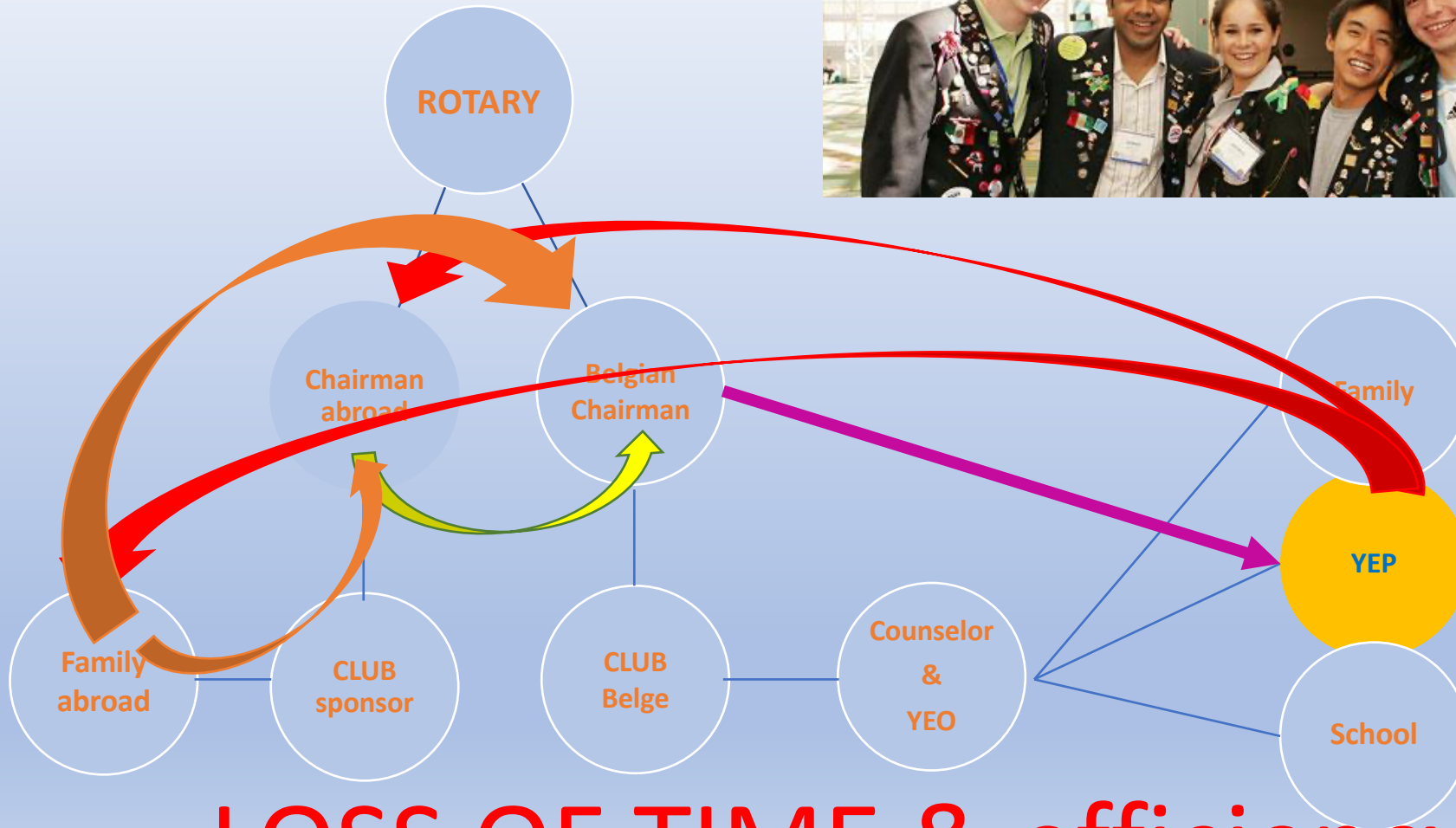
Do not suffer in silence.

Informing District officers will help future students. If you do not inform us we won't know and we won't be able to help you.

No sufras en silencio.

Informar a los oficiales de Distrito ayudara los futuros estudiantes. Si no nos informas, no podremos saber y ayudarte.

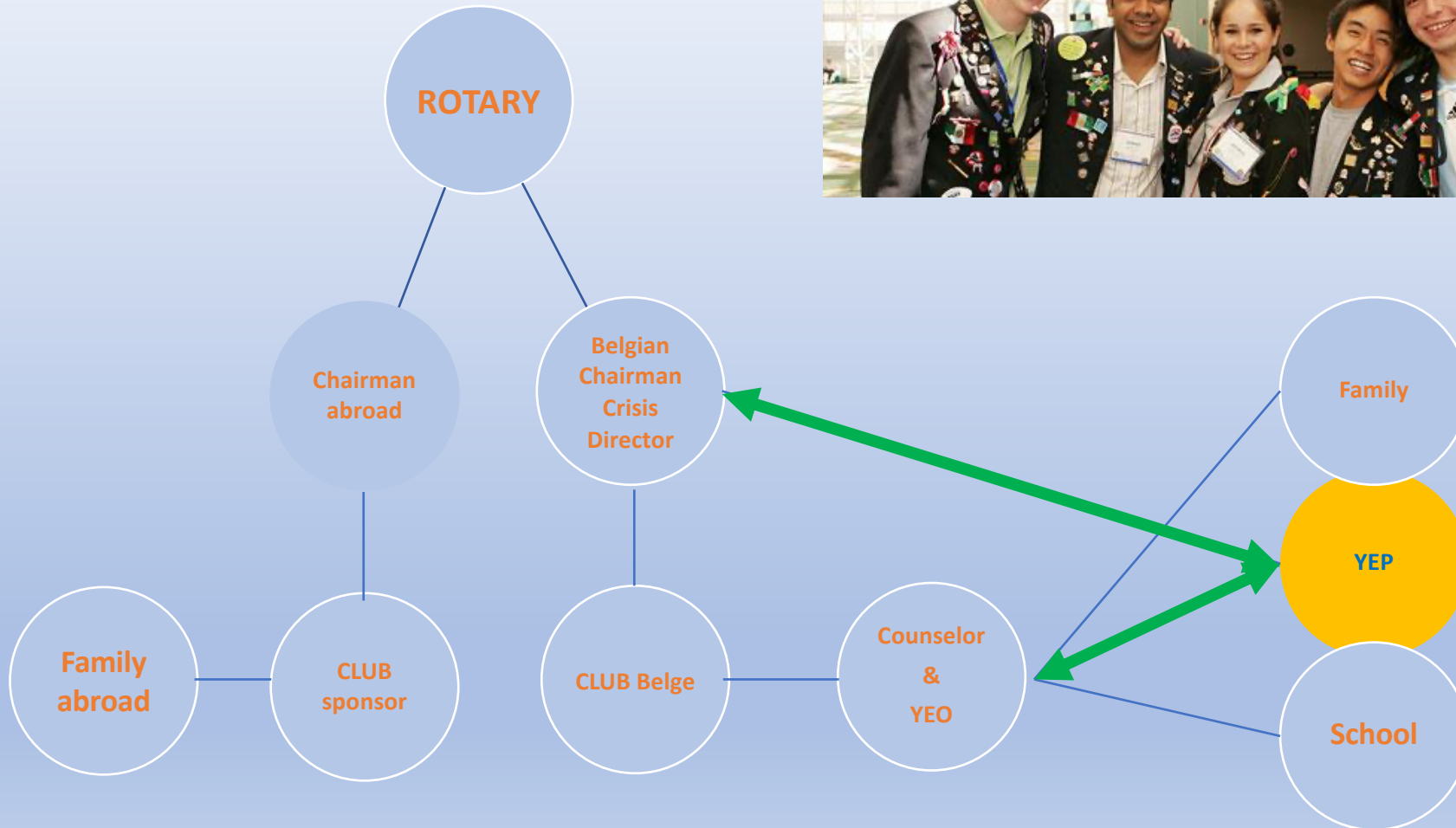
## In case of problem, Do not



# LOSS OF TIME & efficiency



## In case of problem, DO



# Activities & Trips

## Culture and Fun in Belgium and Abroad

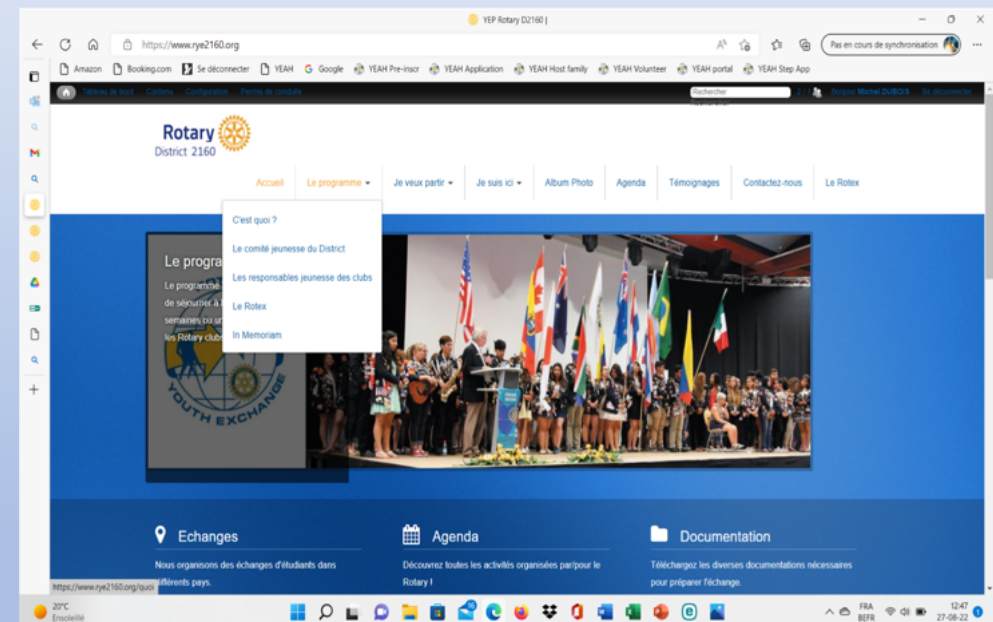
## Communication around activities (not trip)



Where to find description and to register ?

Site : <https://www.rye2160.org>

- Rotary cultural activities (not mandatory)
  - **ONLY FOR D2160 YEP**
  - You will get an announcement via email for each of them
  - You need to register via website and will receive a confirmation message
  - This message is your door to the activity. Without it, you are not allow to participate





## Type of activities

- **Rotary Cultural Activities (Opt.)**
- **Talent show (Mandatory)**
- **Activities Rotary (Club, Assemblée & Conférence de District,...)**
- **Trips (Opt.)**

# **Rotary Cultural activities**

**Changes can occur during the year... but many of them already confirmed**

## 12. Activités

## Rotary Cultural activities



September 25  
(Wednesday pm)

# EBEN EMAEL







**October 12, 2024**

(Samedi)

**VERVIERS**





**October 19, 2024**

(saturday)

**NAMUR**





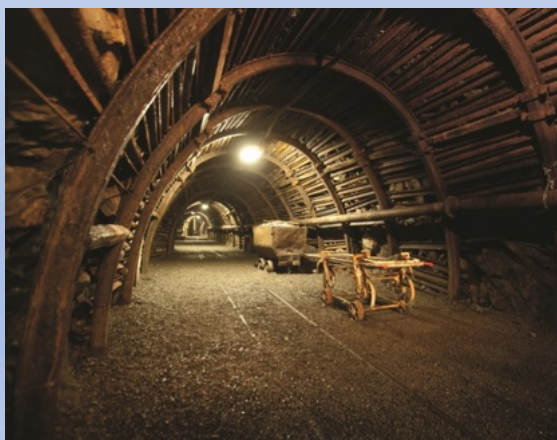
## Rotary Cultural activities



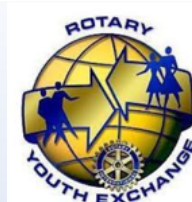
**November 13, 2024**

(Wednesday pm)

**BLEGNY**



## Rotary Cultural activities



**December 18, 2024**

(Wednesday pm)

Christmas Market

**AACHEN**





## 12. Activités

# Rotary Cultural activities



**January 4, 2025**

(Saturday)

**BRUGES**





**February 8, 2025**

(Saturday)

**BASTOGNE**





## 12. Activités

# Rotary Cultural activities



**March 22, 2025**  
(Saturday)

**LUXEMBOURG**



## 12. Activités

# Rotary Cultural activities



**April 21, 2025**  
(Monday (School off))

**Orval**





## 12. Activités

# Rotary Cultural activities



**May 14, 2025**

(Wednesday pm)

**DINANT**



# Talent show

|              |          |   |
|--------------|----------|---|
| <b>What</b>  | <b>?</b> | Based on the talents of our Inbounds, preparation and presentation of a show with the help of a director. Show for host parents and Clubs on June 9 <sup>th</sup> . |
| <b>When</b>  | <b>?</b> | <b>07 to 09 June 2025</b>   |
| <b>Where</b> | <b>?</b> | <b>Sart Les Spa</b>   |

# **Rotary City Trips**

**Trips for D2150 & 2160**

**All trips, except Barcelone & Berlin, to be confirmed**

**Limited number of places for each trip**

**Prioritize your trip selection**

**Greece trip (if confirmed) will happen during the period of time open for your natural parents visit....**



# Rotary City Trips



**Oct. 27 – 31, 2024**

5 jours

**BERLIN (Confirmed)**



# Rotary City Trips



**Oct. 28 – Nov. 2, 2024**

6 jours

**BARCELONE (confirmed)**





# Rotary City Trips



**Feb 24 - Mars 3, 2025**

8 jours

**Italie – Not confirmed**



12. Activités - Voyage

# Rotary City Trips



**May 1 - 9, 2025**

9 jours

**GRECE - Not confirmed**







**Michel  
JAMAR  
Crisis In**

**Michel JAMAR**

[jamar5032@gmail.com](mailto:jamar5032@gmail.com)

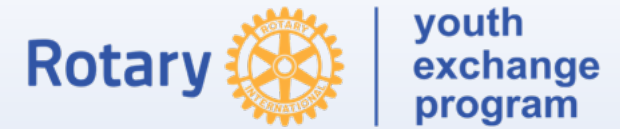
**+32 498 90 30 81**



Espanol - English - French

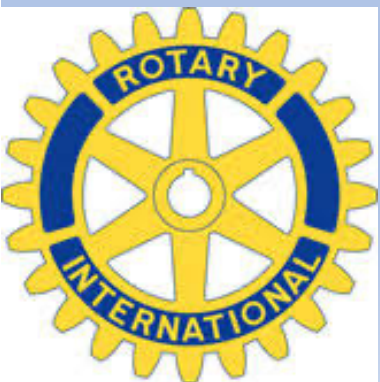






District 2160

# Have a Great magic Year In Belgium



Michel Dubois - CHAIRMAN D2160  
Michel JAMAR - CRISIS DIRECTOR  
And all the members of our committee